13

Alagaddûpama Sutta

The Discourse on the Water-snake Parable | **M 22** or **Alagga Sutta**, the Water-snake Discourse (MA 2:102,19) Theme: Proper grasp of the Buddha's teaching Translated with notes by Piya Tan ©2003

1 Obstructions and liberation

1.0 ABSTRACT AND OVERVIEWS

1.0.1 The Alagaddûpama Suta (M 22) is given by the Buddha in response to the monk Ariţţha's wrong view that <u>sensual pleasures</u> (including sex) are not an "obstruction" to the holy life [§§1-4; 3.1]. The Buddha starts by quoting 10 parables wherein he emphasizes the disadvantages and dangers of sensual pleasures [§§5-9].

The Buddha then declares the true purpose of the Dharma, with <u>the parable of the water-snake</u> [§§10-12], and that the Dharma is a method to be applied, highlighting this point with <u>the parable of the raft</u> [§§13-14].

Then, the Buddha points out <u>the 6 grounds for self-view</u>, which bring about anxiety (*paritassana*) [§§15-21]. This is followed by a teaching on <u>non-self</u>, with which the Buddha introduces the doctrine of <u>the 5 aggregates</u> (*pañca-k,khandha*) [§§22-29], understanding which culminates in <u>arhathood</u> [§§30-36].

The Buddha next declares that he only teaches "**suffering and the ending of suffering**," and that he should not be misrepresented [§§37-39]. Then, comes the statement on 5 aggregates are "<u>not yours</u>" and so should be "given up" [§40], illustrating this with <u>the Jetavana parable</u> [§41]. The Sutta closes with the mention of the 6 kinds of saints [§§42-47].

Further details on strategy for study should be perused in the Sutta summary section [2].

1.0.2 The Sutta is especially significant in highlighting **the Buddha's didactic genius** in showing how he applies "<u>skillful means</u>" to his teaching, by claiming that his teachings are motivated by the pragmatic concern of helping his disciples attain liberation. Beginning with <u>ethics</u> as the basis for spiritual training [§§3-4], where the Buddha declares the inseparable link between sensual pleasure and sensual desire [§§5-9].

The parables of the water-snake and of the raft highlight <u>philosophical aspects</u>, that is, the meaning and purpose of studying and practising, the Dharma [§§10-14]. With this understanding, we are better prepared to see <u>the psychology</u> of our subjective experiences by way of the 5 aggregates [§§15-41], which forms the bulk of the Sutta teaching, culminating in its <u>spiritual benefits [§§42-47]</u>. [3]

1.0.3 The Alagaddûpama Sutta is not only a document that shows the Buddha's <u>rejection of the notion</u> <u>of an abiding self</u> [4], but, more significantly, opens for us a window into how the historical Buddha formulates his teachings and presents them for the benefit of his audience (including posterity, that is, our benefit). This Sutta is a testimony to the Buddha's genius in using skillful means for developing a dialectic against the Upanisads—an apologetic response by way of refuting the Upanisadic notion of an abiding self, and a defence of the early Buddhist teaching of **non-self**. All this testifies to <u>the full awakening</u> of a historical teacher we know as the Buddha. [5]

1.1 ARIȚȚHA'S OFFENCE. The person who occasioned the Buddha to give this teaching might as well be a contemporary cult guru who preaches sexual licence. Arițțha (erstwhile vulture killer), the detractor in the sutta, according to the Commentary, is a learned exponent of the Dharma, who is quite familiar with

the "obstructions" to spiritual development. However, being less learned in the Vinaya, he holds the view that sexual indulgence is not a hindrance to spiritual development (that one can enjoy sex without sexual desire or feelings!).

In fact, according to the sutta Commentary, Ariţţha comes up with this clever argument: "If some of the sensual pleasures are permissible to lay-followers who are streamwinners or once-returners or non-returners, why is an exception made regarding form, voice, smell, or touch, of women?" (or of men, for that matter)! The Commentary states that Ariţţha goes so far as to charge the Buddha with exaggerating the importance of the first grave offence ($p\bar{a}r\bar{a}jik\bar{a}$), that of sexual intercourse, claiming that this urgency is like trying to "chain the ocean." (MA 2:103) [3.1]

1.2 *PĀCITTIYA*. **The Vinaya** records Arițțha holding the view that "what are called stumbling-blocks (*anta-rāyikā dhammā*) by the Blessed One are not stumbling-blocks" [§2] (more specifically that sexuality is not a hindrance to the monastic life). On account of this, the Buddha declares that anyone holding such a view commits the offence of expiation (*pācittiya*), which entails that the offender should give up (*pați-nissajjeyya*) his offence.¹ An offence of *expiation* means that the offender has committed an immoral act which has to be "pacified" (*samatha*) in one of these three ways:

- (1) being settled in terms of the Vinaya (sammukha, vinaya), ie by legal analysis and deliberation;
- (2) by admitting the offence before the Sangha or a monk (pațiññata,karaņa); or
- (3) by "covering up with grass" (*tiṇa*, *vatthāraka*), ie a mutual settlement between the disputing parties (or "burying the hatchet").
 (V 2:92 f)

1.3 MONASTICS TODAY AND STUMBLING-BLOCKS

1.3.1 The Alagaddûpama Sutta should be studied with **the Saññoga Sutta** (A 7.48),² where the Buddha explains how sexual feelings arise. When we are preoccupied with our physical being and brood over our differences from others, we are likely to arouse sexual feelings within ourselves. What we think is missing from ourselves, we tend to seek externally or in another, imagining that we are "united" with the missing object, thus appropriating or becoming it, as it were. In reality, all this is but a most self-centred or narcissistic enterprise of filling imagined gaps in our emotional life with imagined solutions. As Lily de Silva astutely notes, "[w]ith this explanation it becomes quite clear that self-love plays a basic role in sensuality." (1978:126 f)

1.3.2 The message of the Alagaddûpama Sutta is just as relevant today as it was in the Buddha's time. As Buddhism spreads to the west and the westernized areas of Asia and elsewhere, monastic members —especially the scholar monks—lacking in spirituality, easily and famously fall prey to domesticating and laicizing themselves in the ways of secular society. Such a broad hint is clear from **Paul David Numrich**'s book, *Old Wisdom in the New World: Americanization in Two Immigrant Theravada Buddhist Temples,* where he reports:

He [Ven Dr Ratanasara of Dharma Vijaya, a Sinhalese mission, in Los Angeles] thinks monks will inevitably begin to shake hands and keep casual company with women as part of their normal pastoral relationships in America. But, he notes, the celibacy issue remains a stickler in the development of a native Theravada *bhikkhu-sangha* in America, for Americans generally seem to view

¹ Pāc 68 = V 4:133-136. The novice Kaņḍaka, a pupil of the loose monk Upananda is expelled for holding such a view (Pāc 70 = V 4:138-140).

² A 7.48/4:57-59 (SD 8.7).

sex as a human necessity, like food and water. Yet celibacy is the most dramatic symbol of the "set apart" character in the Theravada tradition. (Numrich 1996:50)³

1.3.3 S J Tambiah, in *Buddhism Betrayed?*, writes about of the best known Sinhala scholar monks of the 20th century, Walpola Rahula, with the same broad hint of secularizing tendencies amongst scholar monks:

[I]n the 1950s, when he [W Rahula] conducted his research in Paris in association with Professor Demiéville, he devised a distinctive clothing of trousers and cap to withstand the cold and sometimes relaxed the rule regarding meals, thereby again demonstrating that he would not allow conventional rules to obstruct the pursuit of more worthwhile and serious goals. (1992:24)

1.3.4 Speaking of freelance adjustments of monastic rules, we might add here the peculiar habit amongst some young (and not so young) Theravāda monks of keeping their head unshaven and thick with hair so that they look like laymen. The Vinaya rule says: "Monks, long hair should not be worn. Whoever should wear it long, there is an offence of wrong-doing (*dukkața*). I allow it to be of two months' growth or two fingers' breadth long" (Cv 5.2.2 = V 2:106). Could this be that there is a tacit acquiescence to the abrogation of the "lesser and minor rules" despite the ruling of the Rājagaha Council? In which case, could such monks regard themselves as part of the Theravāda monastic community?

1.4 OVERCOMING THE STUMBLING-BLOCKS

1.4.1 In 2000, **Sandra Bell** wrote a heart-warming and inspiring essay summarizing the rooting of Buddhism in the West. Her article, entitled "Being creative with tradition: Rooting Theravāda Buddhism in Britain" appears as the very first one in the *Journal of Global Buddhism*, and contains this account of how the forest monks have succeeded where the scholar monks and others have failed:

Ajahn Maha Bōwa [sic] had visited Hampstead [Vihāra] in 1974 and expressed doubts that meditating monks could be successfully transposed to "a country where people were ignorant of the monks' discipline and the relationship between *Sangha* and laity."⁴ Three years later Ajahn Chah was less daunted, perhaps because he had already established a hermitage monastery for his Western disciples close to his own Wat Pah Pong, near the village of Bung Wai.

From this perspective, it may have seemed just one more step to return some of them to found a branch monastery in Europe or America. Ajahn Chah had successfully established a number of branch monasteries in Ubon Province in Northeast Thailand, and his own disciples had also started their own teaching centers.⁵

Tambiah views Ajahn Chah's "extraordinary 'institution building'" as an aspect of the duality inherent in the forest tradition, whereby the ascetic monk becomes an organizer and founder of monasteries. This happens because "dedication to the meditation path necessarily involves the teaching of the hard-won wisdom to others."⁶

Having never before left Thailand, Ajahn Chah was unfamiliar with an environment where Buddhists formed such a small proportion of the population as to be scarcely noticeable. His strategy was to remain undeterred by the fact that English people as a whole knew nothing about making *dāna* to monks and to set out to tutor those few lay people who claimed to be Theravadins.

³ See also Prebish 2003:60-68.

⁴ Tambiah 1984:137. [Bell's ref does not concur.]

⁵ Tambiah 1984:137 [ref corrected].

⁶ Tambiah 1984:137 [ref corrected].

<u>Ajahn Chah insisted that he and the other monks go out on an alms-round each day in order to</u> <u>maintain an association with the discipline and continuities of monastic life</u>. Displaying the composed comportment prescribed for monks and carrying their alms bowls, they walked a fixed route around the streets of Hampstead and across the open heath.

Predictably, they would return having received nothing but curious stares, but the practice enabled the newcomers to assert their status as mendicant monks among the lay followers whose interest was rekindled by the flurry of fresh activity at the *vihāra*. The ritual of the almsround acted as a powerful lesson in the significance of mendicancy for maintaining the equilibrium between monks and lay people, some of whom began to turn up with gifts of food at the time that the monks set out from the *vihāra*. (2000:13; emphasis added)

Today, after Ajahn Chah's death, numerous forest monasteries and meditation centres have been set in many countries (often several in each) on almost every continent. The hallmark of their success is that they are true to their word as practitioners, totally abstaining from sex, from the TV, from driving their own cars, evening meals, handling money and socializing with the laity.⁷ In other words, they basically keep to the traditional Pāțimokkha (monastic code)—yet, their popularity is rapidly growing.

1.4.2 Ratanasara's sentiments about sexuality and "casual company with women as part of their normal pastoral relationships in America" starkly contrast against the fact that "Ajahn Chah insisted that he and the other monks go out on an alms-round each day in order to maintain an association with the discipline and continuities of monastic life." The success of a true Buddhist mission lies in the missioner's giving priority to spiritual development. The purpose of monastic training is not to change the rules, but to follow them and cultivate one's spirituality.

It should be clarified, however, that the Buddha's rejection of sexuality as part of the monastic life does not apply to lay followers under the 5 precepts, of which the third precept applies. For lay followers this rule entails respect for our own person and that of others, and maintaining a healthy social relationship. "The gradual progress towards it [detachment from desires], however, was left to the degree of insight and self-control possessed and developed by the individual lay follower." (Nyanaponika 1974:3)

1.5 CHINESE PARALLELS. The Chinese parallel is **MĀ 200** (T1.763b-766b), entitled 阿梨吒經 *Ā lí zhā jīng*, the Discourse on Ariţţha. MĀ 200 agrees with M 22 and the two partial parallels from the Ekottarika Āgama in locating the discourse in Jeta's Grove outside Sāvatthī. Sylvain Lévi notes that the Sarvâstivāda Vinaya (T1435 @ T23.174b21), refers to the present discourse as 阿羅伽度波摩 *Ā luó jiā dù bō mó*, a transcription of the same text, that is, the Discourse on the Simile of the Snake," 蛇譬經, Shé pì jīng (1915:421).

Thus, the Sarvâstivāda Vinaya agrees with M 22 on the Pali title of the discourse, but differing from MĀ 200 in this respect. A reference to the present discourse in the *Mahāprajñāpāramitā-(upadeśa)-śāstra (T1509 @ T25.63c7), speaks of 栰喻經 Fá yù jīng, the Discourse on the Simile of the Raft," reconstructed by Lamotte (1944:64) as Kolôpama,sūtra, "The Parable of the Raft Sutra."⁸

⁷ In 2009, the elders of Wat Pa Nanachat (the international forest monastery)—the main monastery of the Ajahn Chah lineage excommunicated one of their own monks, Brahmavamso (Peter Betts) of Wat Bodhinyana, Perth, for not keeping to the Vinaya: see SD 1.9 (7-10). Such an acts shows that they are very serious about their monastics keeping to the Vinaya.

⁸ Cf variant title given in the *Mahāvibhāṣā (T1545 @ T37.503b20): 筏喻法門 *Fá yù fǎ mén,* "Dharma exposition on the Simile of the Raft."

THICH Minh Chau has done a brief comparative study of MĀ 200⁹ with the Pali version. Analayo has done a more detailed instructive comparative study of both, discusses the difficulties found in the Chinese translation (2011:148-158).

2 Sutta summary

2.1 As pointed out by Damien Keown, the Alagaddûpama Sutta comprises <u>4 main sections</u>.¹⁰

(1)	§§1-10:	The monk Arițțha holds a serious wrong view;	(M 1:130-134,22)
(2)	§11:	The parable of the water-snake;	(M 1:134,23-29)
(3)	§§12-14:	The parable of the raft; and	(M 1:134,30-135,26)
(4)	§§15-47:	The Buddha's admonitions.	(M 1:135,27-142,8)

2.2 The first part of this Sutta [§1-6] is found in two places in **the Vinaya**: the announcement in the Culla Vagga of the act of suspension (*ukkhepaniya,kamma*) on **Ariţţha** for refusing to give up his false view¹¹ and, in the Sutta Vibhaṅga, of his commission of an offence entailing explation (*pācittiya*) in refusing to do so after repeated admonitions.¹²

Apparently, Ariţţha is not the only one who holds such a wrong view. The novice **Kaṇḍaka**, too, holds the same wrong view, and is expelled from the order (V 4:138 f). The Vinaya Commentary (VA 4: 874), declares that Ariţţha, the novice Kaṇḍaka and the Vajji,puttakas are enemies of the teaching.¹³ It is likely that the Ariţţha incident is the earliest of these events, since the Vinaya highlights it and the Alagaddû-pama Sutta records the Buddha instructing us on the Ariţţha case in detail, and the other two are only briefly mentioned as cases of wrong view.

2.3 In §6 we find 10 parables of **the disadvantages of sensual pleasures**. After the Buddha has rebuked Ariţţha [§7], these 10 parables are repeated in §8 when the Buddha addresses the monks. A key statement [§9] on the monastic view of sexuality is that <u>there can be no sexual act without sexual desire</u>. One is said to be "bound by delight and lust" (*nandī,rāga,sahagatā*) because one lose one's freedom of body, speech and mind to them. Such a person's deeds, words and thought will be coloured or biased by lust and sexuality.

The title parable—**the parable of the water-snake**—appears in §10 which also mentions the 9-limbed teachings. In §11, the Buddha admonishes us on the proper study of the Dharma, warning us (or anyone else) <u>not to misrepresent him</u> (§12).

In **the parable of the raft** [§13]—which is the key parable here—the Buddha goes on to show the serious error that lies in wrongly grasping that which one has learnt, that is, <u>the dangers of misconceiv-ing and misinterpreting the teaching</u>¹⁴ [§14]. [3.1.4]

2.4 The following §§15-17, on **the 6 grounds for self-view**, deal <u>with how a disciple should regard the 6</u> <u>senses</u> so that they do not become sources for anxiety through their being the "grounds for views." §§18-

⁹ Тнісн Minh Chau 1964:22, 114-115, 147-148, 195-196 and 201.

¹⁰ Keown 1992:96.

¹¹ Cv 1.32.1-2 (V 2:25 f).

¹² Pāc 68.1 (V 4:133-135).

¹³ See Cv 12 (V 2:294 ff).

¹⁴ See Gombrich 1996:23-25/

21 further discuss internal (sensuous and mental) and external (physical and social) sources of anxiety. This important passage preserves the Buddha's rejection of the Upanishadic view of the eternal soul.¹⁵

The teachings of impermanence and non-self are then applied to the 6 senses [§§22-29]. Using more parables, the Buddha goes on to list the nature of the arhat [§§30-36].

2.5 Despite the Buddhist openness to inquiry (as characterized by **the Kesa, puttiyā Sutta**, A 3.65),¹⁶ and the Buddha's admonishing the monks to be equanimous towards both praise and blame by outsiders towards the teaching [§§38 f], he is very firm against any misconception (M 63), misrepresentation (M 38) and misuse of the teaching (M 3; V 2:110 f) [§§37-39].

2.6 "Let go of what is not yours!" admonishes the Buddha in regards to the 6 types of sense-experiences [§40]. He illustrates this with a delightfully unique **Jeta,vana parable** [§41; 4.1.3].

2.7 In closing, the Buddha declares that his teaching is "free from patchwork," that is, it is transparent [§42]. Then, he mentions the different types of saints and spiritually developed "true individuals"¹⁷ found in his teaching [§§43-47].

3 The Sutta structure and critique

3.1 ARITTHA'S WRONG VIEW [1.1]

3.1.1 Sutta structure

3.1.1.1 Damien Keown, in his *The Nature of Buddhist Ethics*, thinks that the Sutta "probably consists of sections which were originally separate and subsequently placed together by the compilers of the Canon on the basis of their thematic unity" (1992:96). In part (1) [§§1-10], the story of Arițțha is also found in two places in the Vinaya, with additional details regarding the penalty inflicted on him for his refusal to renounce his wrong views.

Keown thinks that "it is possible that the story was imported into the Vinaya from the Majjhima" (1992:97). At **V 2:25-27**, Arittha is subjected to the formal act of suspension (*ukkhepanīya,kamma*), while at **V 4:133-136**, his misconduct is given as the origin of **Pācittiya 68**. From the internal evidence of the texts as we have them, it is difficult to say which of these three stories is the original one.

3.1.1.2 However, from his comparison of the Arițțha case in the Alagaddûpama Sutta with the Sāti case in **the Mahā Taṇhā,saṅkhaya Sutta** (M 38),¹⁸ Keown proposes

The Sāti story does not seem to occur in the Vinaya,¹⁹ so it cannot have been borrowed from that source. If the Sāti story was not borrowed, then perhaps neither was the Ariţţha story, and hence the Majjhima version of the Ariţţha story may well be the original. (Keown 1992:104)

¹⁵ See **Taṇhā Jālinī S** (A 4.199), SD 31.15 (3) & Gombrich 1996: 38-42.

¹⁶ See SD 35.4.

¹⁷ "True individuals" (*sappurisa*): see discussion at **Sappurisa S** (M 113), SD 23.7 (3.1).

¹⁸ Mahā Taṇhā,saṅkhāya S (M 38,14/1:260 f), SD 7.10.

¹⁹ It should also be noted that the Vinaya accounts are generally later than those of the suttas and often draw from the suttas themselves.

3.1.1.3 Furthermore, as evident from the Commentary,²⁰ where Buddhaghosa remarks on how the Buddha uses parables in the discourses, it is clear that he regards the whole of the Alagaddûpama Sutta as an integral whole:

When using a parable, the Blessed One sometimes sets out the parable first, and then explains the meaning. At other times, he explains the meaning and then gives the parable. Sometimes he teaches surrounding (*parivāretvā*) the parable with the meaning. For example ... in the whole of suttas, such as the Alagaddûpama Sutta, where he says,

"Here, bhikshus, some clansmen learn the Dharma—discourses, etc ... Suppose a man who needs a water-snake (*alagadda*) [M 22,11/1:134] ... ," he taught surrounding the parable with the meaning. (MA 1:165 f)

As such, we can see that Buddhaghosa takes part (2) of the Sutta as the core parable, and the other parts as giving its meaning. Thus, Buddhaghosa clearly sees the Alagaddûpama Sutta, through the parable of the water-snake, as addressing the dangers of wrongly grasping the dharmas.²¹

3.1.1.4 It is very interesting that the Alagaddûpama Sutta (M 22) makes *no* mention of **Pārājika 1** (the "defeat" rule against monastics indulging in sexual intercourse). Since Arițţha is clearly holding the view that sexual intercourse is not a stumbling-block to the holy life, that a monastic may indulge in sex (which is stressed by the Sutta as a very serious wrong view), we would have expected Pārājika 1 to be invoked, or at least mentioned amongst the teachings related to the dangers of sexuality to the holy life.

We must then conclude that Pārājika 1 has not yet been promulgated at this time. Furthermore, since Ariţţha is recorded as only <u>holding</u> such a view and there is no mention of his actually having indulged in it, **Pācittiya 68**—which is only an explatory rule against holding such a wrong view—it is therefore introduced as a direct outcome of Ariţţha's wrong view. Moreover, if Ariţţha were to have indulged in sex (before the introduction of Pārājika 1), he would have been the "first-doer" (*ādi,kammika*), not Sudinna, as recorded in the Vinaya.

Hence, we must conclude that the events of the Alagaddûpama Sutta occur before those of the Sudinna story before the institution or Pārājika 1. Moreover, while the case-history of Pārājika 1 is purely a Vinaya teaching, the Alaggadûpama Sutta is clearly about <u>the nature of the Dharma as teaching and</u> <u>method</u>. However, the latter provides the spiritual context for the former.

While the Pārājika 1 story stresses the letting go of <u>sexuality</u>, the Sutta stresses letting go of the Dharma itself before we can progress to <u>self-awakening</u>. Hence, it is very clear why the Buddha declares that, having understood **the parable of the raft** [§13], "you should abandon even the dharmas, how <u>much more so that which are not dharmas</u>" (*dhammā pi vo pahātabbā pag'eva adhammā*) [§14]: in simple terms, we should abandon even right views, what more of wrong views.²²

3.1.2 The nature of the holy life

3.1.2.1 Returning to the Sutta: in **Part 1**, we see that Arițțha stubbornly clings to his wrong view that sexuality is not a stumbling block to a monk's spiritual development [§2]. Apparently, he is confused by

²⁰ At the start of Comy (MA 2:165 f) on **Vatthûpama S** (M 7,1/1:36,11), SD 28.12.

²¹ Elsewhere, Buddhaghosa remarks that in Alagaddûpama S, the explanation of false views comes first (perhaps —suggests Keown, 1996:242 n24—meaning our part 4), followed by the explanation of the threefold circle of emptiness (part 4) (MA 1:176,3-4).

²² Further, see SD 40a.16 (2.2.4.4).

the notion that since laymen could enjoy sense-pleasures, yet still become streamwinners, then "why is an exception made regarding form, voice, touch, etc, of women?" (MA 2:103) [§1].

3.1.2.2 However, a fundamental error in Arițțha's view here arises from the fact that a monastic has freely taken up the training to live a celibate life and eschew sensual pleasures. Hence, to indulge in any kind of sexuality at once negates his monkhood.

The lay follower, on the other hand, may still live a life of sensuality and sexuality, within the constraints of the 5 precepts, and yet, with diligent practice, still attain streamwinning, or even once-returning. However, on account of the distraction that the sensual life demands, the lay practitioner needs to restrain from all forms of sensual indulgence, if he were to attain dhyana, which is the basis for the attaining of non-returning and arhathood.²³

3.1.2.3 Despite protests from his fellow monks, and, later, the admonition of the Buddha that <u>one</u> simply cannot enjoy sensual pleasure without sensual desire [§9], Ariţţha still refuses to renounce his wrong view. Indeed, he seems to have become "the canonical archetype of pig-headedness" (Keown 1992:97); for, when Buddhaghosa elsewhere discusses the meaning of the term "reluctant to renounce" (*duppaţinissagī*) in regard to wrong views, he cites Ariţţha as an example (DA 3:839).

3.1.3 In **Part 2** of the Sutta, <u>the parable of the water-snake</u> is introduced to point out the dangers of not studying the Dharma for the right purpose, but "only for the sake of criticizing others and for winning debates" [§10]. We clearly see here the Buddha's warning against the misuse of scripture, which is compared to the danger of wrongly grasping (*dugahītattā*) a water-snake: one who does so would be bitten and "suffer death or deadly pain" [§10].

We see this theme of the danger of clinging to wrong views in both parts (1-2) of the Sutta. In the first part, Ariţţha, motivated by lust, stubbornly holds on to a distorted view of the teaching. The Buddha clearly points out the error of his view: "But this monk Ariţţha, formerly of the vulture killers, misrepresents us by his wrong grasp and injures himself and stores up much demerit. For, this will lead to his harm and suffering for a long time"²⁴ [§8].

3.1.4 According to Keown, **Part 3**—<u>the parable of the raft</u> [§§13-14]—like the first two parts, is "concerned essentially with illustrating the danger of a wrong grasp or misappropriation of good things rather than advocating their transcendence" (1992:99).²⁵ The Buddha sums up the parable as follows: "Even so I have shown you that the Dharma is comparable to a raft, which is for crossing over (the waters to the far shore), not for the purpose of grasping" [§13]. As Keown notes:

The word "grasping" (gahaṇa) echoes the "wrong grasp" (duggahīta) of the teaching by Ariṭṭha, and also the "wrong grasp of the scriptures" [duggahitattā dhammānaṁ] by the foolish men who master them for the wrong purpose. The Buddha is saying that he has taught dhamma in the Parable of the Raft so that people will realize that his teachings are to be used for the purpose he intended, namely, reaching salvation, and not for anything else. It is a warning to the brethren not to pervert the teachings as a means to gratifying their personal desires, be it for carnal pleasure as in Ariṭṭha's case, or "reproaching and gossiping" in the case of the foolish men. (1992:99)

²³ On the necessity of dhyana for attaining arhathood, see SD 8.5 (2) & SD 15.1 (13).

²⁴ Atha ca panâyaṁ Arițțho bhikkhu gaddhabādhi,pubbo attanā duggahītena amhe c'eva abbhācikkhati. Attānañ ca khaṇati. Bahuñ ca apuññaṁ pasavati. Taṁ hi tassa mogha,purisassa bhavissati dīgha,rattaṁ ahitāya dukkhāya

²⁵ For an in-depth study of <u>the problem of transcendence</u>, see **Beyond good and evil**, SD 18.7 (6).

Keown goes on to suggest that the title of the "Discourse on the Parable of the Water Snake" is highly appropriate for the first three sections. The common warning is that to grasp the teaching in the wrong way is like grasping a water-snake in a wrong way, bringing upon oneself death or deadly pains, that is, spiritual failure.²⁶

3.1.5 Although the Sutta only mentions Arițțha's "wrong grasp" that would bring "harm and suffering for a long time to come" [§10], the Commentary gives an interesting detail. Although the Buddha describes Arițțha as *mogha, purisa* (literally, "empty person," "hollow man"),²⁷ he seeks comfort in the fact that the Buddha also rebukes Upasena Vanganta, putta with the same expression, but the latter goes on to realize direct knowledge (*abhiñña*), becoming an arhat (V 1:59).

The Buddha however removes Arițțha's lingering hope by likening his spiritual condition to that of a broken, withered leaf (*mutta,paṇḍu,palāsa*), a state of non-growth (*avirūļhi,bhāva*) (MA 2:104). This finally leaves Arițțha crestfallen, sitting "silent, dismayed, his shoulders drooping, hanging his head, glum, and at a loss for an answer" [§7].

3.2 BUDDHAGHOSA'S EXPLANATION

3.2.1 Let us now examine what the Buddha probably means by the Sutta's key sentence: **Dhammā pi vo pahātabbā pag'eva adhammā,** translated here as "... you should abandon even dharmas, how much more what are not dharmas!" [§14]. Scholars like John Ross Carter have pointed out the polysemy of the term *dhamma*,²⁸ which we shall now examine.

3.2.2 However, there are some pointers here, such as the grammatical number and the context of the term. *Dhammā* in this sentence is plural, and as such is unlikely to refer to the Buddha's teaching as a whole (which is singular). "Consequently, it is unlikely to imply that the wholesale transcendence of religious practice is envisaged at a certain stage of the Path." (Keown 1992:101).

Following Keown, let us provisionally render *dhammā* as "good things" and *adhammā* as "bad things." Buddhaghosa, in his Commentary, interprets the reference to going beyond "good things" more specifically as a warning regarding <u>the danger of being attached to meditative experience</u>:

21 "You must let go of even good things..." Here "good things" (*dhammā*) means calm and insight (*samatha*, *vipassanā*). The Blessed One says that desire-or-lust (*chanda*, *rāga*) is to be abandoned by both (*pi*) calm and insight. How does he do this with regards to calm?

"Thus indeed, Udāyi, do I speak of the abandoning of the sphere of neither-perception-nornon-perception. Do you, Udāyi, see any fetter (*saṁyojana*),²⁹ tiny or great, whose abandonment I do not speak of?" [M 66,34/1:456]. Here, <u>desire-or-lust is to be abandoned through calm</u>.

"Bhikshus, no matter how pure, how clear, this view may be, if you do *not* stick to it, do *not* prize it, are *not* acquisitive about it, do *not* treat it as a possession..." [M 38,14/1:260 f]. Here, <u>desire-or-lust is to be abandoned through insight</u>.

But here, in reference to abandoning *both*, he says, "You should abandon even the dharmas, how much more so that which are not dharmas!"

²⁶ For a comparison with the famous <u>ladder metaphor</u> of Sextus Empiricus and of Wittgenstein, see Ganeri 2007: 50.

²⁷ See §6 n on "hollow man."

²⁸ Carter 1976a, 1976b, 1978.

²⁹ On fetters (samyojana), see text §34 n.

22 This is the gist: "Bhikshus, speak of the abandoning of desire-or-lust even in such things that are profoundly calm (*santa,paņītesu*).³⁰ How much more then in respect to this wickedness, vulgarity, baseness, crudeness, that which requires ablution, wherein this foolish one, Arițţha, perceiving no fault, says: "There is no obstruction in having desire-or-lust in the 5 cords of sense-pleasure."³¹

"Do not, like Arițțha, throw mud or rubbish on my teaching!" Thus the Blessed One rebuked Arițțha with this admonition. (MA 2:109)³²

3.2.3 In Buddhaghosa's first citation—that of **the Laţukikôpama Sutta** (M 66)—the "abandoning" refers to the letting go of the various dhyanic attainments as one has fully attained them, stage by stage.³³ Here it is meditation attainments that one should not be attached to, but taken as stages in the pilgrim's progress.

A few scholars have disagreed with Buddhaghosa's interpretation here. Richard Gombrich, for example, thinks that Buddhaghosa, interpreting of *dhammā* in terms of "prescribed behaviour or condition, ... therefore drags in types of meditation, which are mentioned nowhere in the text and are completely alien to the context" (1996:25 n27).

Although Buddhaghosa belonged to or was reflecting the scholastic tradition of the Mahāvihāra of Anuradhapura in mediaeval Sri Lanka, we can take him as *reinterpreting* the Sutta according to the prevalent Buddhist view of meditation (as *samatha* and *vipassanā*). Such a free interpretation of canonical texts is common with Dharma teachers, as part of a living Dharma transmission, even today. However, in textual criticism,³⁴ a "closer reading" is often desirable, at least for the academicians.

3.2.4 Once again we have a deceptively simple term (*dhammā*) whose context is very clear. If we take *dhamma* here, without any Abhidhamma technicality, as simply meaning "a state that is occurring, a present mental event," then the Buddha's import is very clear. He is advising us to be mindful of the nature of mental states and sense-experiences as they arise. These are difficult enough to observe, what more those states that do *not* exist (*adhamma*) but are imagined or projected by the mind. Such projections should not be attended to, as they are false. In short, the Buddha is here referring to "mental proliferation" (*papañca*).³⁵

<u>3.2.5</u> Buddhaghosa's second citation is especially significant because it is a canonical text, namely, **the Mahā Taṇhā,saṅkhaya Sutta** (M 38), where the parable is mentioned by name. He quotes the passage on how the Buddhas, after explaining how consciousness arises interdependently and how a being depends on "food," admonishes thus:

³⁰ "Profoundly calm" (*santa,paņītesu*), Masefield has "the calm state of this (peace)...most choice" (UA:M 643). One could more freely take *santa,paņīta* as a dvandva here to mean "the tranquil and the exquisite," referring to *samatha* and *vipassanā* respectively, which fits the context here. See PED: *paņīta*.

³¹ Pañcasu kāma, guņesu chanda, rāgam nâlam antarāyāyā ti vadati. This sentence is found only in Comy.

³² Keown inadvertently cites this as "MA 1:209."

³³ See M 66,26-34/1:455 f @ SD 28.11.

³⁴ Also called "lower criticism," ie, the attempt to reconstruct the original text as far as determinable, involving the reconstructing of the transmission history and assessment of the relative value of manuscripts. "Higher criticism" deals with matters such as historical background, authorship, nature and date of composition, etc.

³⁵ On *papañca*, see **Madhu, piṇdika S** (M 18), SD 6.14(2).

"Bhikshus, no matter how pure, how clear, this view may be, <u>if you stick to it, prize it, be</u> <u>acquisitive about it,³⁶ treat it as a possession</u>,³⁷ would you then understand that the Dharma has been taught **as being comparable to a raft**³⁸ that is for crossing over [the waters to the far shore], not for grasping?"

"No, bhante."

"Bhikshus, no matter how pure, how clear, this view may be, if you do *not* stick to it, do *not* prize it, are *not* acquisitive about it, do *not* treat it as a possession, would you then understand that the Dharma has been taught as being comparable to a raft, which is for crossing over [the waters to the far shore], not for the purpose of grasping?"

"Yes, bhante."

(M 38,14/1:261 f)

The context here is that of interdependent arising (*pațicca,samuppāda*), that is, *a doctrine*. It is thus clear that the meaning of <u>the parable of the raft</u> is

that one should not become slavishly attached to a view *even when that view is true.* One should understand the true nature of consciousness but not become fixated on it *qua* philosophical theory. It must be put to its proper use as part of the Path and within the context of the rest of Buddhist teachings. (Keown 1992:103)

3.3 DHARMA AND DHARMAS

<u>3.3.1</u> Gombrich, in his interestingly exploratory *How Buddhism Began* (1996), has done a useful critical study of the two famous parables of the Alagaddûpama Sutta.³⁹ He begins by pointing out the problem of "scholastic literalism" (his expression):

Texts have been interpreted with too much attention to the precise words used and not enough to the speaker's intention, the spirit of the text. In particular I see in some doctrinal developments what I call scholastic literalism, which is a tendency to take the words and phrases of earlier texts (maybe the Buddha's own words) in such a way as to read in distinctions which it was never intended to make. (Gombrich 1996:21 f)

Gombrich goes on to say that the Buddha is himself aware of the dangers (or disadvantages) of "putting words first" (*pada,parama*), that is, the last of the four types of unawakened learners. From **the Ugghațitaññu Sutta** (A 4.143), we know that "the word learner" is one, who though he hears much, recites much, remembers much and speaks much, is still unable to see the nature of true reality.

_ _ _

³⁶ "Be acquisitive about it," *dhanāyati* (denom of *dhana*, "treasure") lit "make a treasure of it," he desires (like money), wishes for, strives after. Also read as *vanāyati*, he hankers after.

³⁷ This verse up to here qu in Comy to Alagaddûpama S (M 22) (MA 22,21/2:109).

³⁸ "Being comparable to a raft," *kullûpamaṁ*. The whole phrase can be alt tr as "would you then understand the Dharma as taught in the parable of the raft ... ?" See **Bodhi:** "This is said to show the bhikkhus that they should not cling even to the right view of insight meditation" (M:ÑB 1233 n406).

³⁹ Gombrich 1996:21-26.

SD 3.13(3.3)

Ugghațitaññū Sutta

The Discourse on the Quick Learner Traditional: A 4.3.4.3 = Anguttara Nikāya 4, Catukka Nipāta, 3 Tatiya Paṇṇāsaka 4, Puggala Vagga 3 PTS: A 4.133/2:135; Pug 4.5/42 Theme: The 4 types of unawakened learners

Bhikshus, there are these 4 individuals to be found in the world. What are the four?⁴⁰

- (1) <u>A quick learner</u> (ugghațitaññū)
 [an individual who penetrates the Dharma⁴¹ the moment it is spoken];⁴²
- (2) <u>A diffuse learner</u> (vipacitaññū) [an individual who penetrates the Dharma that is spoken in brief, when its meaning is *being* analysed in detail];⁴³
- (3) <u>One who is tractable</u> (*neyya*) [an individual who in *stages* realizes the Dharma through recitation, questioning, wise attention and by associating with, serving and waiting upon spiritual friends];⁴⁴ and
- (4) <u>A word learner</u> (pada, parama)

 [an individual who, though listening much, reciting much, remembers much, speaking much, penetrates not the Dharma].⁴⁵

These 4 individuals, bhikshus, are to be found in the world.

— evaṁ —

3.3.2 Dhamma and dhammā

3.3.2.1 After pointing out that "... Buddhism provides the best tools for its exegesis," (22) Gombrich goes on to discuss **dhammā pi vo pahātabbā pag'eva adhammā** ("you should abandon even the dharmas, how much more so that which are not dharmas!") [§14], that is, the meaning of **dhammā** (plural) here. Just before making this key statement, the Buddha refers to the Dharma <u>in the singular</u>, thus:

Even so I have shown you that <u>the Dharma</u> (*dhamma*) is comparable to a raft, which is for crossing over (the waters to the far shore), not for the purpose of grasping. [§13]

Of this usage, Gombrich explains:

⁴⁰ A 2:135; with explanations from Pug 4.5/41; Nett 7, 125; AA 3:131.

⁴¹ Dhammâbhisamaya, ie, penetrating into or gaining knowledge of the 4 truths (PugA 223; BA 127), which refers to the attainment of any of the paths to sainthood. Where <u>streamwinning</u> is meant, we see the term *dhamma,cak-khu,pațilābha* (attaining of the Dharma-eye). See S:B 526.

⁴² Yassa puggalassa saha udāhaṭa,velāya dhammâbhisamayo hoti (Pug 4.5/41).

 ⁴³ Yassa puggalassa sankhittena bhāsitassa vitthārena atthe vibhajiyamāne dhammābhisamayo hoti (Pug 4.5/ 41).

⁴⁴ Yassa puggalassa uddesato paripucchato yoniso manasikaroto kalyāṇa,mitte sevato bhajato payirupāsato evaṁ anupubbena dhammâbhisamayo hoti (Pug 4.5/41).

⁴⁵ Yassa puggalassa bahum pi suṇato bahum pi bhaṇato bahum pi dhārayato bahum pi vācayato, na tāya jātiyā dhamâbhisamayo hoti (Pug 4.5/41).

... the Buddha refers to his teaching sometimes as *dhamma* in the singular and sometimes as *dhammā* in the plural, just as we in English can talk of his teaching or his teachings without any change in meaning. Similarly, the raft parable happens to begin with *dhamma* in the singular—"I shall teach you that my teaching is like a raft"—and to end with *dhammā* in the plural; but to imagine that there is a change of reference is sheer scholastic literalism. (Gombrich 1996:24)

3.3.2.2 In a practical way, Gombrich—and as we shall see below, Bodhi, too [3.3.2.3]—may well be right—that there is no change in reference to what the Buddha means by *dhamma* (sg) and *dhammā* (pl) in the Sutta's key quote [§14]. In an important sense, both the singular *dhamma* and its plural form can both refer to the same thing, that is, <u>the teaching(s)</u>. However, it is not a mere accident that the two different forms are listed one after the other. It is, in fact, clear why *dhammā*, "dharmas" (rather than the singular *dhamma*) is used in the key reference of the parable.

The Sutta Commentary (MA 2:100) takes *dhammā* (pl) here to mean "calm and insight" (*samatha,-vipassanā*)—that is, as "wholesome states"—citing **the Laţutikôpama Sutta** (M 66) as an example of the teaching of the abandonment of <u>attachment to calm</u>,⁴⁶ and **the Mahā Taṇhā,saṅkhaya Sutta** (M 38), as one of the abandonment of <u>attachment to insight</u>.⁴⁷

For meditation practitioners, this is an important note. It means that we should not practise meditation purely for the pleasant dhyana states: we attain these states only for the sake of a calm and clear mind that welcomes **insight**. With a mastery of insight, we use it to inspire **calm** and clarity. Calm and insight work together to lift us above mental distractions and hindrances—just as <u>a bird</u>, free of all burden, flies with both its wings, above the ground, high into the sky. (**Dh 372**)⁴⁸

3.3.2.3 As such, it is wrong for Bodhi to insist that "*dhamma* here signifies not good states themselves, but the teachings, the correct attitude to which was delineated just above in the parable of the snake." (M:ÑB 1209 n255). This is where Buddhaghosa's explanation in his **Commentary** is perfectly proper and helpful.

To be fair, Bodhi is only <u>wrong</u> in insisting that *dhamma* here refers <u>only</u> to "the teaching(s)". Hence, we can concede that, at least—like Gombrich [3.3.2.2]—he is partially right, as the practitioner has to let go of the "teachings," too. But what does this mean? It certainly cannot mean that the arhat is "beyond good and bad," that is, above morality,⁴⁹ as suggested by I B Horner (1950:1) and Dharmasiri (1986:183).⁵⁰

3.3.2.4 The most significant import of **the parable of the water-snake** is that we must have <u>a right grasp of the teaching</u>, that is, we should not merely see it as factual learning, or accumulating it, or for the sake of worldly benefit—which would be like holding the venomous snake by its tail, and so be fatally stung. We should see the Dharma as a progressively <u>freeing</u> learning, with our good *spiritual* grasp of it—like firmly and safely holding the snake by its neck.

As long as we are unawakened, all our understanding of the Dharma, no matter how noble, are still <u>views</u> (*ditthi*). They are only different ways of *viewing* reality, but we have not fully and directly understood the 4 noble truths, the essence of true reality. As our understanding of the Dharma grows, we progressively let go of our wrong views, and go on to straighten our right views.

⁴⁶ M 66,26-33/1:455 (SD 28.11).

⁴⁷ M 38,14/1:260 f (SD 7.10).

⁴⁸ See SD 41.4 (1.4.2).

⁴⁹ See **Beyond good and evil,** SD 18.7.

⁵⁰ For a detailed study, see Keown 1992:92-102. See also Gombrich 1996:22-25.

During meditation, for example, we have to let go even of right views, so that our mind is fully free to be just itself, enjoying a bright inner space. This is when we fully and truly know the mind. Then, our understanding and experience of **impermanence** deepen and widen—we understand, for example, that all our views are conditioned and impermanent—and so we need to change and grow by shedding them, like a snake shedding its old skin.⁵¹ Then, we are on the way to awakening in this life itself.⁵²

3.3.3 The point is clear: the Buddha rebukes Arițțha for taking the teaching only in a certain sense and clinging on to it. <u>He is repudiating Arițțha's misinterpretation of his words, for grasping the letter at the cost of the spirit</u>. The point here is *not* that the content of his teaching is to be abandoned once one has awakened, but that the teaching is "pragmatic, a means to an end, and that one should not cling to a particular formulation he used—let alone something he never said at all." (Gombrich 1996:24).

Gombrich then points out that *dhammā* (plural) can also mean the objects of thought (he calls them *noeta*), making this important observation:

Lifting the last words out of context, Mahāyāna texts claimed that the Buddha prescribed the abandonment of all objects of thought; and by the same token that he also recommended the abandonment of opposite, non-objects of thought—<u>whatever they might be</u>. Thus the raft parable became a charter for paradox and irrationality. (Gombrich 1996:25)

<u>3.3.4</u> As an example of "whatever they might be" (alluding to the Mahāyāna philosophers' revision of the Buddha's words and the like), Gombrich quotes the following excerpt from **the Diamond Sutra** as an example:

[6] *The Lord:* ... Nor does there take place in these Bodhi-beings [Bodhisattvas], these great beings, <u>a perception of a dharma</u>, and likewise [there is] no perception of a no-dharma. Nor Subhūti, does a perception or no-perception take place in them. And why? If, Subhūti, in these Bodhi-beings, these great beings, a perception of a dharma could take place, that would be with them a seizing on a self, seizing on a being, seizing on a soul, seizing on a person.

And why? Because the Bodhi-being, the great being, should not seize upon a dharma or a no-dharma. Therefore this saying has been taught by the Tathagata with a hidden meaning, "By those who know the discourse on dharma like unto a raft, dharmas should be forsaken, much more so no-dharmas."

7 *The Lord:* What do you think, Subhūti, *is* there any dharma which has been fully known by the Tathagata as "the utmost, right and perfect enlightenment," or is there any dharma which has been demonstrated by the Tathagata?

Subhūti: No, as I understand the Lord's teaching, there is not any dharma which has been fully known by the Tathagata as "the utmost, right and perfect enlightenment," and there is no dharma which has been demonstrated by the Tathagata. And why? This dharma which has been fully known or demonstrated by the Tathagata,—it is not to be seized, it is not to be talked about, it is neither dharma nor no-dharma. And why? Because an Absolute [*asamskrta*] exalts the Holy Persons. (Vajracchedikā Prajñāpāramitā, 1974:69 f; emphasis added)

The Diamond Sutra is a work of the Wisdom Period of early Mahāyāna, a golden age in Buddhist philosophy, whose textual nucleus began appearing from 100 BCE to 100 CE. The Diamond Sutra and the

⁵¹ This figure of the snake sloughing is from **Uraga S** (Sn 1.1), SD 101.3.

⁵² On how to practise <u>the perception of impermanence</u> (*anicca,saññā*), see (Anicca) Cakkhu S (S 25.1), SD 16.7. On overcoming of views, see The notion of *dițțhi*, SD 40a.1.

Heart Sutra (c300-500), the best known of the Perfection of Wisdom (*prajñā,pāramitā*) sutras, belong to the later Wisdom Period, just before the rise of Tantric Buddhism (600-1200) and the general disappearance of Buddhism from India. The Perfection of Wisdom centres upon **two radical innovations**:

- firstly, it advocates the Bodhisattva ideal as the highest form of religious life (contra the arhat ideal of early Buddhism); and
- secondly, the "wisdom" (prajñā) it teaches is that of <u>the emptiness (sūnyatā) and non-production of phenomena (dharma)</u> (contra the more "substantial," albeit impermanent, nature of being that is taught earlier by the historical Buddha).

The tone of the Perfection of Wisdom sutras are profoundly *philosophical*, often with a subtle power of their own, but outgrowing the pragmatic instructive mind-centred spirituality of early Buddhism. The Wisdom period was a time of <u>a book religion</u>, as all these sutras were in written (later printed) form (as against the early oral teachings). It is essentially a cult of the written word that worships and celebrates the entrancing beauty and awe of the script and sound of this-worldly emptiness and cosmic Bodhisat-tvas. It sees itself as transcending (even superior to) the seemingly tedious path of inner stillness beyond language and concept, ending in streamwinning or in nirvana.⁵³

3.4 CULTURAL AND LANGUAGE PROBLEMS

3.4.1 Migrant Buddhism reached a new level of perfection of its own in China, and Chinese Buddhism became one of the sources and standards for East Asia Buddhism.⁵⁴ The enduring influence of Chinese Buddhism emanates not only from its religiosity and monasticism, but more so from the semantic power and profundity of the Chinese character. Chinese language comprises pictures and symbols that make up characters, some of which are simple, while others are compound. The simple characters are combined to create compounds. Concrete objects are easily represented by such characters, but abstract ideas, such as evil, wisdom, consciousness and mind, or foreign names (such as Gautama), are not always adequately represented.

<u>3.4.2</u> Many difficulties attended the translating of Buddhist sutras from Indic languages into Chinese. There are <u>2 main problems</u>:

- (1) The two languages come from <u>completely different language stocks</u>. Sanskrit, Prakrit, Pali and other Indic languages belong to the Indo-Aryan family, while the Chinese language is from the Sino-Tibetan family. The Indic languages are alphabetic, while Chinese is monosyllabic. Linguistically, Chinese is <u>an analytic, isolating or root language</u>, that is, one in which the words are invariable, and syntactic relationships are shown by word order. Indic languages, on the other hand, are <u>synthetic, fusional</u> <u>or inflecting</u> (also inflected or inflectional).
- (2) There is a vast difference between Chinese and Indian cultures and philosophies. Not only did translators discover it was nearly impossible to find synonyms or near-synonyms, or equivalent concepts for the scriptures in the Chinese language, but they also found a very basic difference between <u>the</u> <u>ways of thinking and of expressing thoughts</u> in the two languages.

3.4.3 China's history profoundly influenced Buddhism. In China, although the state generally failed to regulate the Sangha (unlike, for example, in Japan), because such efforts were tempered by geograph-

⁵³ See Language and discourse, SD 26.11.

⁵⁴ Seen Piya Tan, *History of Buddhism: A brief strategic study*, 2005 chs 6-9.

ical, cultural and political contingencies. Chinese monks, however, irrespective of their ordination lineage, were unified by their adherence to a more or less common monastic code, a common mode of dress, a common stock of liturgical and ritual knowledge, and so on. As such, Chinese monks could easily wander from monastery to monastery in search of new teachers and teachings. Such peregrinations were the norm that contributed to the consolidation of the Chinese Sangha across the empire.⁵⁵

Such a centralizing of Chinese society and its pragmatism easily lead the Chinese mind to turn away from the *ekâyana*, the "one-going" mind-training of the eightfold path,⁵⁶ and direct its genius to the *eka,yāna*, "the one vehicle" of cosmic Buddhism. In such a scenario, both *dhammā* and *adhammā* are transcended, albeit mostly philosophically.⁵⁷

3.5 THE PROBLEM OF TRANSCENDENCE

3.5.1 Keown makes an important rebuttal of the modern wrong view of "**transcendence**,"⁵⁸ arising from a misinterpretation of the parable of the raft, by such scholars who claim that the arhat "is above good and evil" (I B Horner 1950:1) and that he has "transcended ordinary morality" (G Dharmasiri 1986: 183). Keown draws his evidence from the Commentary:

First, when commenting on the parable of the raft [§§12-14], Buddhaghosa specifically links the moral of the parable to the story of Arițțha, occurring in part (1), mentioning him by name.⁵⁹ Secondly, Keown notes,

The Commentary makes no reference whatsoever in any shape or form to the interpretation of the parable as suggested by Horner. There is no mention of transcendence, no word of "going beyond good and evil" and no suggestion at all that the *dhamma* or any part of it is to be left behind at any stage of the Path. If the parable indeed had this extraordinary and momentous meaning surely it would not be passed over without a word? (Keown 1992:100)

3.5.2 We have seen that the context of the parable of the raft is that of <u>interdependent arising</u> [3.2]. It is clear that the Buddha does not claim that he or any of the arhats are "beyond good and evil" in the sense that they are above all rules and laws, religious or secular—as otherwise proposed by scholars like Horner and Dharmasiri—but that <u>all views</u>, even of the Dharma, are *not to be clung to*, and that they are all to be transcended.⁶⁰

Buddhaghosa again makes this very clear in his commentary on **the Mahā Taņhā, saṅkhaya Sutta** (M 38) passage here:

⁵⁵ Robert H Sharf, *Coming to Terms with Chinese Buddhism: A reading of the <u>Treasure Store Treatise</u>. A Kuroda Institute Book. Honolulu: University of Hawaii Press, 2002:9.*

⁵⁶ On ekâyana,magga, see Satipațțhāna Ss, SD 13.1 (3.2).

⁵⁷ On difficulties in the tr of the Chin parallels, see Analayo 2011:145-158.

⁵⁸ **Transcendence** is a belief in some kind of higher power or existence, usu of God, but is also applicable of Buddhism where its adherents see the Buddha as a transcendent being. The belief is that such a being is outside or beyond (an idea common in Mahāyāna). Such views are of course speculative, and as such a serious hindrance to awakening, which arises from letting go of views.

⁵⁹ Buddhaghosa makes two additional references (MA 2:110, 113) to Arittha in relation to part (4) of the Sutta [ad §§15, 26], but this does not directly concern the argument here.

⁶⁰ An arhat who has transcended all views, and dstroyed all his defilements, is said to have "abandoned both goof and bad" (*puñña,pāpa,pahīna*, Dh 39; cf Sn 520; S 1:97; Vv 58; Pv 19; Ap 488), ie, he is no more under the power of karma and rebirth, except for the incidental fruiting of past karma under the right conditions, which the arhat easily tolerates and let pass. See **Beyond good and evil**, SD 18.7 (9).

[M 38,14/1:260,32] ... Here "view" (dițțhi) means right view through insight. It is perfectly "pure" (parisuddha) by seeing the nature of things (sabhāva), "clear" (pariyodāta) by seeing conditionality. "If you stick to it" (allīyetha) means "if you dwell clinging with views tainted by craving." "(If you) prize it" (kelāyetha) means "if you dwell cherishing, sporting, with views tainted with craving." ... "For crossing over, not for grasping" (nittharanatthāya no gahaņ'atthāya) means "the Dharma taught by me in the parable of the raft is for crossing over the 4 floods [ie, the āsava: sense-desire, existence, views, ignorance], not for grasping: shouldn't you realize this?" (MA 2:307 f)

This commentary is especially relevant to the understanding of <u>the parable of the raft</u>, as the story of Sāti in the Mahā Taṇhā,saṅkhāya Sutta parallels that of Ariṭṭha here, the main difference being the point of wrong view: while Ariṭṭha holds that sensual pleasure is not an obstacle to the monastic spiritual life, Sāti views that it is the "same consciousness" (that is, some sort of soul) continues into the next life.⁶¹ **3.5.3** Hence, it is clear, from both the text and the commentary, that the parable of the raft addresses the problem of attachment and fixation to dharmas (*dhammā*)—meaning both doctrinal or philosophical notions and meditative states, no matter how sublime—must be abandoned for progressively higher truths and states, until we destroy our defilements and stop creating new karma, so that we are really "beyond good and evil."⁶²

To sum up: the theme of the Discourse of the Parable of the Water Snake and of the Raft Parable is not transcendence but a warning that even good things can be misused. The teachings are good but Arițțha distorts them. The scriptures are good but some people twist them to their own ends. The raft is good but becomes a handicap of misuse by being carried around. Calming and insight meditation are good but can be a hindrance if an attachment for them is allowed to develop. From a Buddhist perspective, those who do not follow the Way have little hope of salvation. The Parable of the Water Snake warns that even those who *do* follow the Way can find themselves, if they are not careful, in a spiritual dead-end. (Keown 1992:105)

In short, it can be said that the Sutta centres upon the idea of not misrepresenting the Buddha's teaching. This misrepresentation here is the affirmation or approval of sense-gratification and of self-view. Both of these—sense-gratification and self-view—are clearly obstructions to spiritual development since they spring from craving and ignorance respectively. Above all, the Buddha advises us to keep moving on—neither to stop nor give up—until the final goal is reached.

4 Refuting the Upanisadic self-views

4.1 THE 6 GROUNDS FOR (1)S

4.1.1 The Alagaddûpama Sutta is a good example of <u>the Buddha's masterful attempt to refute the doc-</u> <u>trine of *ātman* (Skt *attā*)</u>, the concept of an eternal self or cosmic soul. More precisely, as demonstrated by **K R Norman**, the Sutta contains a deliberate refutation of Yajñavalkya's teaching in the Brhad Āraņyaka Upanişad.⁶³ In this connection, two Sutta passages are relevant.

⁶¹ Mahā Taṇhā,saṅkhāya S (M 38,14/1:260 f), SD 7.10.

⁶² See Keown 1992:103. For a detailed discussion, see **Beyond good and evil**, SD 18.7.

⁶³ See K R Norman, "A note on Attā in the *Alagaddūpama Sutta*," 1981:19-29.

The first is the section on **the 6 grounds for views** [§15], and the second is the "Let go of what is not yours!" passage [§40]. In <u>the section on the 6 ground for views</u> [§15], the Buddha declares these 6 wrong views, namely, that

an ignorant ordinary person ... regards

(1) form ... (2) feeling ... (3) perception ... (4) formations ... (5) what is seen, heard, sensed, known ... and (6) "The world is the self; after death I will be permanent, everlasting, eternal, unchanging in nature, eternally the same; I will endure as long as eternity" ... , thus, "This is mine; this I am; this is my self."

4.1.2 K R Norman, in his paper, "A note on Attā in the Alagaddūpamā Sutta" (1981), points out that

The idea the world and the *ātman* (=*brahman*) are the same is found in the Upanishads, and it is possible to find actual verbal echoes of the Upanishads in this passage, eg, *eşa ma ātmā* (Chān[dogya] Up[anishad] 3.14.3-4) and *yathākratur asmim loke puruşo bhavati tathetaḥ pretya bhavati sa kratum kurvīta ... etam itaḥ pretyābhisambhavitāsmī ti* (ibid 3.14.1 and 4).

In contrast to this false view the Buddha states that someone who is cognizant with the ariyadham[m]a looks at $r\bar{u}pa$, etc. with the thought: na etam mama n'eso 'ham asmi, na m'eso attā:⁶⁴ "This is not mine, I am not that, that is not my attā." Consequently he is not anxious about something which does not exist. (Norman 1981:20)⁶⁵

4.1.3 The Buddha then rephrases this statement in terms of <u>the 5 aggregates</u> (*khandha*), and exhorts his disciples, "Let go of what is not yours!" [§40]. To close his admonition that the aggregates are not their *attā*, that is, a final refutation of the view that the external world, the aggregates and the *attā* are the same, he deftly points to the "the grass, sticks, branches and leaves in this Jetavana" in the famous Jetavana parable [§41].

The meaning of **the Jetavana parable** is that we lose nothing by letting go of our attachment to the aggregates (that is, the body and mind): indeed, we have more to gain, namely, liberation. Norman adds:

We are now in a position to assess the basis of the Buddha's refutation. The doctrine that the world and the *attā* are the same (*so loko so attā*) also affirms the oneness of the individual *attā* and the world-*attā*. The phrase *eso 'ham asmi* "I am that" is the *tat tvam asi* "That thou art" of the Upaniṣad[s] looked at from the point of view of the first person instead of the second person. Since *loka =attā*, then the Buddha's argument is:

"If there is a world-*attā*, then there is something belonging to the world-*attā* in me. If there is something belonging to the world-*attā* in me, i.e. if there is a world-*attā*, then I (and all other things) would have *attā* which is part of the world-*attā*, and I would have all the "things" that go to make up the world-*attā*. Form ($r\bar{u}pa$), etc., would be "mine." If, however, each individual *attā* were part of the world-*attā*, then each painful sensation felt by one part of the world-*attā* would be felt by every part of the world-*attā*, i.e. when wood is burned the *attā* in us would feel the pain suffered by the *attā* in it. We do not feel any such pain because there is no world-*attā*."

⁶⁴ See Norman 1981:29 n5 on a wrong reading in V 1:14, 19.

⁶⁵ Norman thinks that "E J Thomas is too cautious when he states, 'There may be here some reference to upanishadic doctrine, though it is still not the identity of self and Brahmā' (*History of Buddhist Thought*, London, 1933: 103)."

4.1.4 In other words, nowhere in his teachings, does the Buddha ever mention the "world-soul" or universal Self.⁶⁶ We find an interesting parallel in the Jain texts where the Sūyagaḍaṁga 1.1.1, too, refutes the world-soul (Norman 1981:24 f). The similarity of the Jain and Buddhist arguments, Norman concludes, "makes it clear that the Buddha in the [Alagaddûpamā Sutta] is not merely refuting the individual ātman, but also the concept of the world-ātman." (Norman 1981:25)

<u>4.1.5</u> The Alagaddûpama Sutta closes with a description of the way in which the mental fetters are destroyed leading to sainthood. Even for those who fail to walk the path, the Buddha makes this remarkable declaration at the close of the Sutta:

"In the teaching well proclaimed by me, plain, open, clear, free from patchwork, those who have just a bit of faith in me and just a bit of love for me, are all bound for heaven."⁶⁷

(M 22,47/1:142), SD 3.13

Even with just a bit of positive emotion, we will be able to keep to the Dharma. The Buddha, in other words, provides the chance of liberation for everyone.⁶⁸

4.2 "LET GO OF WHAT IS NOT YOURS!"

4.2.1 Refuting the Upanisads

4.2.1.1 The second Alagaddûpama Sutta passage which, according to **K R Norman**,⁶⁹ is a deliberate refutation of Yajñavalkya's teaching in the Brhad Āraṇyaka Upaniṣad, is the "Let go of what is not yours!" passage, thus:

Therefore, bhikshus, let go of [give up] what is not yours. When you have given it up, it would be for welfare and happiness for a long time.

What is it that is not yours?

Form is not yours. Feeling ... Perception ... Formations ... Consciousness is not yours. Give it up. When you have given it up, it would be for welfare and happiness for a long time. [§40]

4.2.1.2 Norman shows that, in the light of the passage on <u>the 6 grounds for wrong views</u>, this passage on "Let go of what is not yours!" must be understood as a satirical allusion to the identification of the world and the self. This identification, constituting the most famous doctrine of the Brhad Āraṇyaka and the Chāndogya Upaniṣads, was the culmination of *the theory of the equivalence* between macrocosm and microcosm, between the universe and man. As Gombrich summarizes the point:

the need for multiple, partial equivalence was short-circuited by identifying the soul/essence of the individual and of the world. The Buddha in a sense kept the equivalence, or at least parallel-

⁶⁶ R. Gombrich, in review of Bhattacharya, *L'Ātman-Brahman dan le Bouddhisme Ancien*, in *Archives Internationales d'Histoire des Sciences*, 1978:128 f. (Quoted by Norman 1981:24)

⁶⁷ "Those who have mere faith in me and mere love for me," *yesaṁ mayi saddhā,mattaṁ pema,mattaṁ*. This phrase is found in Alagaddûpama S (M 22,47/1:143), **Bhaddāli S** (M 65.27/1:444) & **Kīṭā,giri S** (M 70.21/1:479), SD 12.1. Cf **Sarakāni S**s (S 55.24-25/4:375-380). Comy explains that this refers to the insight practitioners (*vipassaka puggalā*) who have not attained any supramundane state, not gaining even streamwinning, they are reborn in a heaven. On the other hand, we can take this passage as it is, that is, anyone who has "mere faith, mere love" in the Buddha is reborn in a heaven. See M:ÑB 2001:1212 n274.

⁶⁸ On the Sutta closing, see also **Beyond good and evil**, SD 18.7(7.3).

⁶⁹ See K R Norman, "A note on Attā in the *Alagaddūpama Sutta*," 1981:19-29.

ism, for he argued against a single essence at either level and so made macrocosm and microcosm equally devoid of soul/essence. (Gombrich 1990:15)

4.2.2 Yājñavalkya

4.2.2.1 A comparison of the following Sutta passages with their Upanisad counterparts, especially those of the Brhad Āraņyaka (BĀU), show how closely related they are, especially where "there seem to be verbal echoes of Yājñavalkya, here summarized by **Gombrich** (a student of Norman):

The sixth wrong view in [the ground for wrong view] passage is that <u>after death I shall be</u> <u>nicco, dhuvo, etc</u>. Compare:

Brhad Āraņyaka Upanişad 4.4.23: *eşa nityo mahimā brāhmaņasya* [This is the eternal greatness of Brahman] (the brāhmaņa here being one who has realized identity with *brahman*);

[Brhad Āraņyaka Upanişad] 4.4.20: *aja ātmā mahān dhruvaḥ* [Unknown is the self, great, constant]. The third point of the *tilakkhaṇas*, *dukkha*, is not mentioned here, but is of course opposed to *ānanda*, as at:

Brhad Āraņyaka Upanişad 3.9.28: vijñānam ānandam brahma [Brahman is bliss and absolute knowledge] and

[Brhad Āraņyaka Upanişad] 4.3.33: athaişa eva parama ānandah, eşa brahmalokah [This is indeed supreme bliss, this Brahma World].

It remains only to remind readers of the most important and closest parallel of all.

The fifth wrong view is <u>to identify with what has been *dittham sutam mutam*⁷⁰ *viññatam*. What exactly is that? The answer is:</u>

Brhad Āraņyaka Upaniṣad 4.5.6: ātmani khalv are drṣṭe śrute mate vijñāte idam sarvam vidita [When, indeed, the self is seen, heard, sensed, known, all this is understood.]

So here is the form of the microcosm-macrocosm equivalence to which the Buddha is alluding; and we can further see that his fifth wrong view is Yajñavalkya's realization of that identity in life, and his sixth the making real that identity at death. But, says the Buddha, this is something that does not exist (*asat*). (Gombrich 1990:15; reparagraphed & Skt tr Piya Tan)

4.2.2.1 Gombrich, in his article on *"Kamma* as a reaction to Brahminism" (1996), summarizes the above in these words:

The Buddha does not often use ontological language at all. The most explicit passage in which he denies the *existence* of the *ātman* is in the Alagaddūpama Sutta. Perhaps the most famous of all Upanişadic dicta is *tat tvam asi* (Chāndogya Upanişad 6, 8, 7, etc), "Thou art that"—identifying the individual self/essence with the world self/essence. The transposition of this statement into the first person—"I am this"—in Pali gives us *eso 'ham asmi,* and this is said in several texts to be false. To be precise, the full false statement is *etam mama, eso'ham asmi, eso me attā:* "This is mine, I am this, this is my self/essence."

4.2.3 Although this set of three clauses is often mentioned as wrong views, it is in the Alagaddûpama Sutta that it is most clearly explained [§§15-29],⁷¹ "and in terms of other obvious verbal echoes of surviv-

⁷⁰ Gombrich here has *mate* (not found in Pali in this context): probably contaminated by proximity of the Skt *mate* below. See text, §15(5) n. See **Ditth suta muta viññāta**, SD 53.5.

⁷¹ At M 22,15-29/1:135-139. Gombrich (1996:38 n10): Tuvia Gelblum has shown that virtually all the same set of three clauses, adapted to meet the exigencies of the *āryā* metre, is found as *kārikā* 64 of the Sāmkhyā Kārikā. In

ing Upanişadic passages."⁷² In essence, the passage denies that one's self is the same as the world, or that one will become the "world-self" at death. The Buddha declares that people worry about something that is non-existent externally (*bahiddhā asati*) and non-existent internally (*ajjhattaṁ asati*). According to **Gombrich**, "he is referring respectively to the soul/essence of the world and of the individual." (1996:39)⁷³

4.3 RELATED TEXTS. Nyanaponika Thera's translation, *The Discourse on the Snake Parable* (1974), has a useful introduction and detailed notes. A helpful current translation is found in *The Middle Length Discourses*.⁷⁴ I B Horner's translation in *The Middle Length Sayings*, although dated and inaccurate, has some useful technical footnotes.

The Alagaddûpama Sutta should be studied with the story of **Vakkali** (on homosexuality),⁷⁵ and the following suttas:

Saññoga Sutta (A 7.48), ⁷⁶ (Taṇhā) Bhikkhuṇī Sutta (A 4.159) ⁷⁷	The Buddha explains how sexual feelings arise. A short instructive sutta of psychological interest, as it is one of the earliest mention of "sublimation," that is, channelling one's unacceptable impulses (eg lust and conceit) in acceptable ways. ⁷⁸
Sāliya Jātaka (J 367) + Taca,sāra Jātaka (J 368)	A poor village healer tries to trick the Bodhisattva into being bitten by a snake in a hollow tree-trunk. The Bodhisattva carefully feels his way, seizes the snake by its neck, and flings it at the healer, who is then stung. (J 367/3:202 f + J 368/3:204- 206, the 2 stories are contiguous)

5 The Buddha's skillful means and the 5 aggregates

5.1 ENIGMATIC STATEMENT

5.1.1 Eternalism

5.1.1.1 Here, we will examine how the Buddha uses his **skillful means** $(up\bar{a}ya)^{79}$ to counter the key wrong view of his day, that is, the notion of <u>an eternal self or soul</u> (*atta*) <u>and personal identity</u> (*sakkāya,-diţţhi*), and how, in the process, apparently, he formulates the teaching of <u>the 5 aggregates</u> (*pañca-k,-khandha*). **Alexander Wynne** (2010) has instructively shown how this constitutes perhaps the oldest records we have of "traditions about the Buddha's teaching that did not conform to the later myth" (195) and "suggests the possibility that the *Alagaddūpama Sutta* was composed before the later myth

that context they refer to realizing that the *puruṣa* (spirit) neither is nor possesses any of the evolutes of *prakṛti* (nature). (Gelblum, "Sāmkhya and Sartre," *Journal of Indian Philosophy* 1 1970:75-82, see pp78-80)

⁷² Gombrich notes that "these echoes are not mentioned by the commentators and seem not to have been noticed before modern times. They are mentioned in Hermann Oldenberg 1923:258." (1996:39 n11). Both K R Norman (1981) and his student, R Gombrich (1990) have recently made such analyses.

⁷³ Gombrich's teacher, K R Norman holds the same view (1981:23). Gombrich refers to two other suttas in this connection: **Taṇhā Jālinī S** (A 4.199/2:211-213), SD 31.15, & **Yamaka S** (S 22.85/3:144), SD 26.14.

⁷⁴ Ñāņamoli & Bodhi, rev ed 2001:224 ff.

⁷⁵ See Vakkali S (S 22.87/3:119-124), SD 8.8.

⁷⁶ A 7.48/4:57-59 (SD 8.7).

⁷⁷ A 4.159/2:144-146 (SD 10.14).

⁷⁸ Sublimation is an unconscious defence mechanism: see Khaluńka S (A 8.14), SD 7.9; also SD 24.10b (2).

⁷⁹ See **Upāya**, SD 30.8.

emerged, during a time when the origin and purpose of early Buddhist doctrine was understood differently" (199 f).

5.1.1.2 The Alagaddûpama Sutta contains one of the most enigmatic statements in the whole of the Pali canon. This statement on **the 6 grounds for wrong views** (*cha dițțhi-ț,țhāna*) [5.1.2], that is, **§15**, which reads in full as follows:

The 6 grounds for wrong views pericope

Here, bhikshus, an ignorant ordinary person, who has no regard for noble ones and is unskilled and undisciplined in their Dharma, who has no regard for the true individuals⁸⁰ and is unskilled and undisciplined in their Dharma,

- (1) regards form thus,
- (2) He regards feeling thus,
- (3) He regards perception thus,
- (4) He regards <u>formations</u> thus,
- (5) He regards what is <u>seen, heard, sensed,</u> <u>and known</u> [5.2.1.2], found, sought after, mentally pursued [5.2.3], thus,
- 'This is mine; this I am; this is my self.' 'This is mine; this I am; this is my self.' 'This is mine; this I am; this is my self.'

'This is mine; this I am; this is my self.'81

'This is mine; this I am; this is my self.'

 (6) And this ground for views, namely, '<u>The</u> world is the self; after death I⁸² will be permanent, everlasting, eternal, unchanging in nature, eternally the same;⁸³ I will endure as long as eternity'—this, too, he regards thus, '*This is mine; this I am; this is my self.*' [§15]

5.1.1.3 Philosophically, the "6 grounds for wrong views pericope" are rooted in **the eternalist view** prevalent in the Buddha's time. Here, <u>the personal identity view</u> itself becomes an object of craving, conceit and false view of the self. Nyanaponika is of the opinion that this view expresses the identity of the self with the universe (1962:33 n19). Bodhi, however, thinks that this view is purely hypothetical "as the Pali is ambiguous and could just as well be pointing to a fundamental dualism of self and world along the lines of Sāmkhya philosophy with its distinction between changeable Nature (*prakrti*) and changeless Spirit (*puruṣa*)."⁸⁴

5.1.1.4 This full formula [5.1.1.2(5)]—as in **the Alagaddûpama Sutta** [§15] (where they are said to be the grounds for <u>wrong views</u>, *dițțhi-ț,țhāna*)—is found in all the first 18 suttas, under the subheading, "The chapter on streamwinning" (*sotāpatti vagga*), of **the Dițțhi Saṁyutta** (S 24), "the connected teachings on views."⁸⁵ In every sutta, the 5 aggregates (form, feeling, perception, formations and consciousness) and <u>the sense-objects</u> (as "what is seen, heard, sensed, known, found, sought after, mentally pursued") are called the "6 grounds" (*cha țhāna*), that is, the grounds for views—as similarly stated in

⁸⁰ "True individuals" (*sappurisā*). For def, see **Sappurisa S** (M 113), SD 23.7 (3).

⁸¹ These are the <u>threefold grasping</u> (*ti*, *vidha* $g\bar{a}ha$): see §15 ad loc.

⁸² "After death I will be," so pecca bhavissāmi. Comy so = so aham.

⁸³ "Eternally the same" (*sassati,sama*), a term from the Brhad Aranyaka Upanişad 5.10 (*sāsvatīh samāḥ*) (Nyanaponika 1974:42 n21).

⁸⁴ M:ÑB 2001:1210 n259. See kārikā 64 of Īśvara, kṛṣṇa's Sāmkhya-kārikā ("Verses on Sāmkhya," c 2nd cent). See Gombrich 1996:38 f.

⁸⁵ S 24.1-19/3:202-216. In the chapter, the *dițțha suta muta viññāta* pericope is elaborated in full only the first of the 18 suttas, but elided in the abridgement (*payyāla*), and should be understood in full. See **Karota S** (S 24.6), SD 23.10; **(Sotāpatti) Hetu S** (S 24.7), SD 23.6.

§15 of the Alagaddûpama Sutta. They are all to be seen, as they really are, as being <u>impermanent</u>, which leads, in due course, to the attaining of <u>streamwinning</u>.

The full formula recurs in **the Anāthapiņḍik' ovāda Sutta** (M 143), where Sāriputta instructs the gravely ill Anātha,piṇḍika, thus, "I will not cling to <u>what is seen, heard, sensed, known</u>, attained [encountered], sought after, examined by the mind, and my *consciousness* will not be dependent <u>on that</u>."⁸⁶ Unlike the teachings of **the Sotāpatti Vagga** of the Diṭṭhi Saṁyutta—which instructs us to regard all our body, mental activitis and sense-objects as *impermanent*—Sāriputta exhorts Anāthapiṇḍika <u>to let go</u> of them. It is said that Anāthapiṇḍika dies a streamwinner, and is reborn as aTusita deva.⁸⁷ So here we have two way of regarding our body, mental activities and sense-objects—that is, as being impermanent or simply letting them go—which result in the attaining of streamwinning.

5.1.2 The 6 grounds for wrong views

5.1.2.1 The Sutta Commentary says that this section is taught to prevent further misrepresentation of the Dharma, that is, the introduction of **a self-view** into the teaching. These grounds for views (*dițțhi-ț,țhāna*) are wrong views in themselves as grounds for more elaborate wrong views, namely, the <u>objects</u> (*ārammaņa*) of views (that is, the 5 aggregates) and the <u>conditions</u> (*paccaya*) for views (that is, ignorance, mental perversion, false ideas, etc). (MA 2:110)

5.1.2.2 The term, *diţţhi-ţ,ţhāna*, "ground for views," also appears in **the Brahma,jāla Sutta** (D 1) and its Commentary. The Commentaries say that these grounds may arise through ignorance, sense-impression (*phassa*), perceptions, thoughts, unskillful attention, bad company, the word of others, etc.⁸⁸ These 7 headed by the 5 aggregates are given as "the 8 grounds for views" in **the Paţisambhidā,magga** (Pm 2.3/2:139).

5.2 THE 5TH WRONG VIEW AND THE 5TH AGGREGATE

5.2.1 The 5th aggregate surrogated

5.2.1.1 The 6 grounds of wrong views pericope refers to 6 ways in which personal identity can be misunderstood. The first four of these views are based on the first four of the 5 aggregates: an ignorant person sees form, feeling, perception or formations, or all of them, as constituting his true identity or self: "This (aggregate) is mine, I am this, this is my self."⁸⁹ In this context, we may expect the object of the 5th wrong view to be "consciousness," as in the familiar 5 aggregates. The Buddha, instead, puts

⁸⁶ M 143,14 (SD 23.9).

⁸⁷ M 143,16.2 (SD 23.9). According to **(Sotāpatti) Anātha,piņḍika S 2** (S 55.27), Anātha,piņḍika dies a streamwinner (S 55.27/5:385-387), SD 23.2b.

⁸⁸ See **Brahma,jāla S** (D 1), SD 25.3 (36.1).

⁸⁹ The Pali *attā* (Skt *ātman*), is usu tr as "self." Although sometimes tr as "soul"—as it may well, in a restricted way, refer to the Upanişad contexts—it is a loaded and broad term today. Hence, Gombrich (1996:15) and Williams (2000:56) object to this tr. The Oxford English Dictionary's (OED) defs of <u>soul</u> include "the principle of life; the principle of thought and action in man; the seat of the emotions." However, the same objection can be made against the term "self," which the OED defines as not only what a person "really and intrinsically is (in contradistinction to what is adventitious)" but also the "ego" and "a permanent subject of successive and varying states of conscious-ness." Wynne thinks that "Although only the first of these definitions corresponds to the use of the word *attan* [P *attā*] in this teaching, and conflation of the different definitions is possible, the term 'self' is still best suited to translate *attan* in the Alagaddūpama Sutta ... " (2010:200 n41). On <u>non-self</u>, see **Self and selves**, SD 26.2 esp (2).

together well known phrase from other teachings, as: "what is seen, heard, sensed, known, found, sought after, mentally pursued"⁹⁰ [§15].

5.2.1.2 The first half of <u>the 6 grounds of wrong views pericope</u>—"what is seen, heard, sensed, known" (*dittham sutam mutam viññātam*)—is well known. They are, in fact, an abbreviated reference to all our sense-objects. According to the Samyutta Commentary,

<u>the seen</u> (<i>dițțha</i>)	is the visible-form base (<i>rūp'āyatana</i>);			
<u>the heard</u> (<i>suta</i>)	is the sound base (<i>sadd'āyatana</i>);			
<u>the sensed</u> (<i>muta</i>)	is the objects of the three physical bases of the nose-object (smell), the tongue-			
	object (taste) and the body-object (touch) [5.2.2.2]; and			
<u>the known</u> (<i>viññāta</i>)	is the thought-base (<i>dhamm'āyatana</i>) and the remaining <u>6 internal sense-bases</u>			
	(<i>ajjhattika āyatana</i>), the other seven bases (that is, the 6 internal senses—the			
	eye-base, etc—and the mind-object base) [5.2.2], which, thus refers to the rudi-			
	mentary knowledge that arises through the 6 senses.			
The phrase "found, sought after, mentally pursued" (pattam parivesitam anuvicaritam manasā) simply				

The phrase "**found, sought after, mentally pursued**" (*pattaṁ pariyesitaṁ anuvicaritaṁ manasā*) simply elaborates "the known" (*viññātaṁ*) [5.2.1.4; 5.2.3]. (SA 2:338)

5.2.1.3 Even then, the phrase, "what is seen, heard, sensed, known" does not replace consciousness in the set of the 5 aggregates, especially with the additional closing phrase, "found, sought after, mentally pursued." As the set of the 5 aggregates is fundamentally important to early Buddhism, it is unlikely that Pali redacters or reciters would have simply replaced "consciousness" with phrases taken from external sources.

In fact, the Chinese Sarvâstivādin parallel includes a virtually identical list of 6 views,⁹¹ a fact which suggests that at least this pericope was found in the pre-Aśokan antecedent of the text.⁹² Wynne concludes, "We must assume, then, that this peculiarity is very old." (2010:200).

5.2.1.4 The word **viññāta** in the phrase *dițțha suta muta viññāta* is difficult to render into English. If we take **muta** as a collective term for "the three physical object-bases, that is, those of the nose-object, tongue-object and body-object" [5.2.1.2], then, clearly, the whole phrase is a shorthand for <u>the 6 sense-bases</u>, that is, the seen, heard, smelt-tasted-touched and thought. This may well be the case in the early Buddhist context.

However, in the broader Upanişad context—unfamiliar with the Buddha usage—it is more appropriate to render *viññāta* (Skt *vijñāta*) as <u>the "known</u>," that is, as the basic faculty or activity of the mind. It is the mind that <u>knows</u> or senses through the 6 sense-faculties, which includes the mind itself. In early Buddhism, the mind is able to know itself. *Viññāta*, then, refers to our *making sense* (however that may work out to be) of the other experiences and of the mind itself.⁹³

⁹⁰ Dițțhaṁ sutaṁ mutaṁ viññātaṁ pattaṁ pariyesitṁa anuvicaritaṁ manasā. This full formula occurs at M 22,15 (SD 3.13); M 143,14 (SD 23.9); S 24.1-19/3:202-216; A 4.23/2;23 f = It 112,2/122 (SD 15.7(2.1.2)).

⁹¹ Although 阿梨吒經 Ā lí zhā jīng, MĀ 200 (T1.26 @ T765c5-c18) makes a similar point, it differs in a number of other ways, incl mentioning only the noble disciple, without mentioning the case of the untutored worldling. See Analayo 2011:153

⁹² THICH Minh Chau (1991:114 f). On the possible corrupt reading in the Chin parallel, see Wynne (2010:212 n80). On the significance of parallel passages in the texts of different Buddhist sects, see Wynne (2005:42-45).

⁹³ See eg Satipațțhāna S (M 10,34/1:59), SD 13.3.

5.2.1.5 "**Knowledge**," then, is simply a construction or projection from what the mind "feels"⁹⁴ regarding what it sees, hears, smells, tastes, touches and thinks. Here, "thinks" refers to a particular activity of the mind—note that this list refers to the respective activity of each of the 6 senses. (Of course, it should be understood *here* that each of the physical senses can and does only occur in conjuction with the mind.)

However, when the mental activity involves <u>evaluating</u> any of the data from the 5 physical-sense activities, then, we should use the term "**know**," since these senses are now <u>the sources of knowledge</u>. This is only a rudimentary form of what modern philosophy calls "<u>knowledge by acquaintance</u>," which is a direct cognitive relation between subject and object, between agent and action. To have *knowledge by acquaintance*, according to Russell,⁹⁵ occurs when the subject has an immediate or unmediated awareness of some propositional truth.⁹⁶

<u>Descriptive knowledge</u>, on the other hand, is propositional knowledge that is inferential, mediated, or indirect. This is knowledge of the world that can be represented as consciously known, factual knowledge. Gilbert Ryle often refers to this as "knowing that"⁹⁷ It is also called *factual knowledge*. This is what is ancient Greek philosophy probably meant by the term *epistêmê* ("knowledge"), in contrast to *technê* ("art or craft"), which is approximately equivalent to "procedural knowledge" or practical knowledge.⁹⁸

<u>Procedural knowledge</u>, the knowledge of "knowing how ...," is operational or practical, such as writing something, operating a machine, or playing a musical instrument. Unlike descriptive knowledge, procedural knowledge lies outside of our deliberative consciousness. In early Buddhist terms, we may say this is on the level of the latent tendencies (*anusaya*), which includes *moral* tones of our actions, that is, the <u>emotions</u> (lust, anger, delusion and fear and their various forms).

Hence, it is the kind of "knowledge"⁹⁹ that underpins complex actions and often is "unconscious,"¹⁰⁰ typically resistant to conscious manipulation, or even evaluation.¹⁰¹ In other words, we are not really aware of *why* we are performing such an action, that is, we are unaware of the conditions or triggers that compel us to act so.

5.2.1.6 With such an understanding, we can fit *viññāta*, at least provisionally, in the category of "knowledge by description" or factual knowledge. On a very simple level, it is merely sense-data. As such, to translate *viññāta* as what is "cognized" is to give it too broad a sense. The suttas often speak of how what is "known" (*viññāta*) is then thought about in complex ways,¹⁰² or is grasped at and clung

⁹⁸ See "Knowledge how," <u>http://plato.stanford.edu/entries/knowledge-how/</u>.

⁹⁹ It is a form of "knowledge" in the sense that it comes from the past, ie, past conditioning.

⁹⁴ "Feels," *pațisamvedeti*, which is a pregnant verb encompassing all the senses of "experincing": see SD 17.3 (1.2.2).

⁹⁵ Bertrand Russell, "On denoting," *Mind* 14, 1905:479 f, 492 f; "Knowledge by Acquaintance and Knowledge by Description," *Proceedings of the Aristotelian Society* 11, 1910:108-128; *The Problems of Philosophy*, 1912 (ed. John Perry. Oxford Univ Press, 1997), ch 5.

⁹⁶ For an overview, see <u>http://www.iep.utm.edu/knowacq/</u>.

⁹⁷ Gilbert Ryle, "Knowing how and knowing that," Presidential Address, *Proceedings of the Aristotelian Society* ns, 46, 1945-1946:1-16. Stable URL: <u>http://www.jstor.org/stable/4544405</u>. *The Concept of Mind,* Univ of Chicago Press, 1949 ch 2. Full: <u>https://archive.org/stream/conceptofmind032022mbp/conceptofmind032022mbp djvu.txt</u>.

¹⁰⁰ On the terms "conscious, preconscious, subconscious, and unconscious" as understood in early Buddhism, see SD 17.8a (6.1).

¹⁰¹ See *Anusaya*, SD 31.3 & The unconscious, SD 17.8b.

¹⁰² See "mental proliferation" (papañca): Madhu,pindika S (M 18), SD 6.14 (2).

to.¹⁰³ Clearly, translating *viññāta* as "the known" reflects its actual process, especially as the basis for other cognitive processes.

This sense of *viññāta* conveniently applies to the Buddhist context, too, regarding the unawakened mind. For convenience, we can and should use the translation "known," rather than "cognized" (as it is often translated), for *viññāta* in the Buddhist context.

5.2.1.8 Moreover, the term "**cognition**" is a western psychological term meaning "the mental activities involved in acquiring and processing information; an item of knowledge of belief."¹⁰⁴ Its verb, to "**cognize**," covers a wide range of mental activities, including thinking, conceiving, reasoning, imagining, and intending.¹⁰⁵ Along with affect and conation, cognition is one of the three traditionally identified components of the mind, according to western psychology.¹⁰⁶

Hence, it is too technical to be used as a translation of the term *viññāta*, "the known," or its verb *vijānāti*, "to know." As the early Buddhist terms are <u>non-technical</u>, it is best to render these respectively and simply as "the known" and "to know," in only a rudimentary sense, that is, in terms of (*vi*-) any of the 6 senses, that is, a basic level of "conscious sensing." It is only "cognitive" in this narrow sense.

5.2.1.9 Although there are other Pali words for "**to know**," such as *jānāti* (to know as a mental experience), the context will bear out their sense of cognitive experience. Here, "the seen, heard, sensed, known" are simply the most fundamental level of cognitive experience, which are the bases for mental activities leading to self-identity, and to a pathological self-image.¹⁰⁷

On a practical level, then, simply translating *viññāta* as "the known" also prevents us from reading too much into it, such as the polysemic "cognize" would. Here, the mind merely <u>knows</u> its own mental objects. Each of the other senses, through the mind, "knows" their respective sense-objects. At this stage, no thinking, conceiving, reasoning, imagining, or intending occurs. Such more specific activities are denoted respectively by such verbs as *cinteti* (to think), *maññati* (to conceive), *takketi* (to reason), *kappeti* (to imagine), *papañceti* (to mentally proliferate) and *saṅkappeti* (to intend).

5.2.2 The seen, heard, sensed, known

5.2.2.1 The phrase, "what is seen, heard, sensed, known" (*ditthā*, *suta*, *muta*, *viññāta*),¹⁰⁸ is part of an early or original version of the well known Alagaddûpama Sutta, rather than being a later emendation or interpolation. An explanation of this existential quartet is found in **the (Arahatta) Māluṅkyā**, **putta Sutta** (S 35.95), which famously describes the nature of Māluṅkya, putta's awakening.¹⁰⁹ [5.2.1.2]

The Mūla, pariyāya Sutta (M 1) regards phenomena comprising personal identity as objects of perception classified into four categories, that is, those of <u>the seen</u>, <u>the heard</u>, <u>the sensed and the known</u>. Here, "<u>the seen</u>" and "<u>the heard</u>" form the first two of the 6 sense-experiences, while "<u>the sensed</u>" (*muta*) refers to the objects that is smell, taste and touch. The "<u>known</u>" is the data of introspection, abstract thought and imagination.¹¹⁰

¹⁰³ See *Nimitta* and *anuyañjana*, SD 19.14.

¹⁰⁴ A M Colman, Oxford Dictionary of Psychology, 2002: cognition.

¹⁰⁵ A S Reber, *Penguin Dictionary of Psychology*, 1985: cognition & cognize.

¹⁰⁶ APA College Dictionary of Psychology, Washington, DC, 2009, 2nd ed 2015: cognition.

¹⁰⁷ See **"I": The nature of identity**, SD 19.1.

¹⁰⁸ This stock phrase is found at **D 33**,1.11(43)/3:232 = **A 4.250**/2:246 (see also **A 4.247-249**; cf **A 8.68**/4:307; also **A 8.67**); **M 1**,15-29/1:3 (SD 11.8), **112**,3/3:29 f; **S 35.95**,12/4:73 (SD 5.9); U **10**,16/8 (SD 33.7).

¹⁰⁹ S 35.95/4:72-75 (SD 5.9).

¹¹⁰ M 1,19-22/1:3 (SD 11.8).

The objects of perception are "conceived" when they are <u>known</u> in terms of "This is mine," "I am this" and "This is my self," or in other ways that generate craving, conceit and views, which, in turn, fuel such conceivings.¹¹¹ Here, we are given a clear hint how, we first "<u>know</u>" things through our sense-experience (the seen, heard, sensed, known); then, having *known* visual objects, sounds, smells, tastes, touches and thoughts, we go on to "own" them—to identify with them, see them as our <u>self</u>, as "I," "me," and "mine."

And so **self-identity** arises, followed by suffering, and more self-identity. Our urgent task is to "<u>disown</u>" all these grounds of self-identity views as soon as they arise; if not, we should do it whenever the recall them, that is, after fact. Similarly, we must also "disown the pain," that is, to see suffering simply as what it is, as being impermanent, and without essence, and so we let it go by not identifying it in anyway as "I," "me," or "mine."¹¹²

5.2.2.2 The "**sensed**" (*muta*) is a collective term for the 3 kinds of sense-objects that appear to be basically "tactile" data, where the sense-molecules *directly* or *physically* "touch" their respective sense-faculties. The <u>smell</u> molecules stimulate the sense-faculty of smell in the nose. The <u>taste</u> molecules stimulate the sense-faculty of taste, that is, the taste-buds on the tongue. And the sense of <u>touch</u> arises when a physical object impacts the body, that is, the nerve-cells, directly.

However, such a distinction merely reflects the way that this triad is understood in the Upanişads [5.2.2.4]. We do not see such a distinction being used in any sutta teaching, other than merely appearing as a triad in the formula, *diţtha suta muta viññāta*. In short, it is simply a pericope that is well known in the Buddha's time, and which he uses by way of "natural adaptation" [5.2.2.5], for the benefit of clarifying the Dharma to his Indian audience.¹¹³

5.2.2.3 The stock phrase, "what is seen, heard, sensed, known, found, sought after, mentally pursued" is also peculiar because it does not seem to continue the Buddha's analysis of the various aspects of experience that an ignorant person may misconceive. All its contents seem to be assumed by the fourfold list that precedes it. Hence, "what is seen, heard, known, found, sought after, mentally pursued" logically encompasses feeling, perception, and formations—that is, our fully conscious experience. [5.3.3.5]

5.2.2.4 It seems, then, concludes Wynne, that this peculiar pericope is just as superfluous as the 5th aggregate of "<u>consciousness</u>." So, why is it mentioned? The only plausible answer to this question, as scholars have noted [4.2.2], is that the pericope paraphrases Yājñavalkya's teaching in the Brhad Āraṇya-ka Upaniṣad 4.5.6, that when the self, soul or *ātman* (P *attā*) is "<u>seen, heard, thought, known</u> (*drṣṭe śrute mate vijñāte*)—note the third term—then, the whole world is understood."¹¹⁴ Since the first four items of this list match the first four items of the Buddhist pericope, a close relationship between the two texts is hard to deny. But did the Buddhist text draw on the Brhad Āraṇyaka Upaniṣad, or vice versa?

5.2.2.5 Although at least one scholar doubts that the notion of a Buddhist allusion to the Brhad Āraņyaka Upaniṣad, that it is "far from certain,"¹¹⁵ the Alagaddûpama Sutta argues against a significant number of Upaniṣad teachings in a cogent manner. The sixth view that the Buddha objects to—"The world is

¹¹¹ See **Dițțha suta muta viññāta**, SD 53.5.

¹¹² For close studies on "I" (identity), "me" (conceit) and "mine" (craving), see SD 19.1, 19.2a and 19.3.

¹¹³ On the "sensed" (*muta*), see SD 53.5 (1.1.3; 5).

¹¹⁴ BĀU 4.5.6: *ātmani khalv are dṛṣṭe śrute mate vijñāte idaṁ sarvaṁ viditaṁ*. The similarity between this passage and the Buddhist pericope has been pointed out by Jayatilleke (1963:60 f), Bhattacharya (1980), Gombrich (1990:15) and Fuller (2005:31 f). For a brahminical explanation, see Bhattacharya 1980:12-14.

¹¹⁵ Bronkhorst 2007:238 n38.

the self ... ," for example, is clearly an allusion to the early Upanişadic notion of a macrocosmic *ātman*, a cosmic self or soul. This surely shows that the Buddhist text drew upon Upanişadic ideas rather than vice versa. (Wynne 2010:201). As a skillful means, this is what we may call a "**natural adaptation**."¹¹⁶

When we understand how the Buddhas adapts an Upanişadic teaching, we can then see his purpose in rejecting them as wrong views. The pericope, "what is seen, heard, sensed, known," in fact, goes on to point out that an ignorant person may mistakenly identify with such a self or soul, that is, the Upanişadic *ātman*.

By <u>natural adaptation</u>, the Buddha introduces this teaching, found in a number of references from the early Upanişads, and includes them in an analysis of the various ways of misunderstanding human experience. For those familiar with the Upanişadic text—that is, the Buddha's intended audience—this point would be very clear: no aspect of our experience, not even the experience of the Upanişadic *ātman*, should be regarded as our self or identity (*attā*).

5.2.2.6 The reason for the Buddha's unequivocal rejection of this Upanişadic notion of an abiding self or universal soul is simply because it is <u>false</u>. If we accept the Upanişdic *ātman* or its like in any form, we are simply trying to *freeze* reality.¹¹⁷ When we see the <u>impermanence</u> in everything, we to start to *free* ourselves by seeing directly into true reality, and to smile at it, for being free of its guiles.

There is nothing real or true that can be eternal or abiding. Whatever exists must do so in **time and space**. Ontologically, <u>time</u> *is* change itself, the process of rise and fall of things, or rather, of states and events. And <u>space</u> is the relationship or placement of states or matter (earth, water, fire, and wind),¹¹⁸ that is, the physical aspects of our experience. It is our **consciousness** that creates the <u>reality</u> of our experiences, whether we are aware of this reality or not.

When we are aware of the reality of these experiences, we are likely to <u>experience</u> or notice them in terms of change (time). Then, we <u>feel</u> how the present is never really *there*, but a momentary intrusion of the past that at once disappears into the future, as it were. When we directly see this change as movement, we feel space in which change occurs. But both space and time are really the same, the difference lies only in our experience of space and time and how we perceive them.

This is a <u>relative</u> form of **space**, that is, the experience of the movement of **time**. We can speak of <u>absolute time</u> when all means of knowing this change—as sight, sound, smell, taste or touch, or as form, feeling, perception, or even consciousness—stop or seem to stop working. In meditation language, this is called "**dhyana**" (P *jhāna*). When all consciousness of this subtle experience stops, never to find any more footing ... then nirvana is said to have arisen.

When we understand the world and reality in this manner, there is no place whatsoever for any conception of amything eternal or abiding, a self or soul, such as the Upanişadic *ātman*. The relative space that we experience between the momentariness to which time is reduced, acts as the <u>continuity</u> which seems to give us a sense of "identity"—but, it is that deceptive eternity in a poetic moment, but which is really a mere sense of cyclic familiarity when we act in the world.

This understanding of reality gives true **meaning** to our experience. When we understand this *mean-ing*—the nature of reality and its conditionality—we go on to understand our **purpose** in the world, in life, that is, to accept the limitations of our physical being, rise above them through our mental being, and so attain that state beyond both space and time, *where there is neither here nor there nor in-between, nei-*

¹¹⁶ On <u>natural adaptation</u>, see SD 39.3 (3.3.4).

¹¹⁷ Such highly imaginative self-views easily pull us down into the rut and ruse of the verbosity and hyperbole, the hot air that fills the notorious guru's balloon so that he seems big and able to rise so high—but for the prick of reality's needle. Whatever cannot be explained rationally is often the guru's magic wand, and we are wise to keep a safe distance from it.

¹¹⁸ On the 4 primary elements, see Mahā Rāhul'ovāda S (M 62,13-17), SD 3.11; SD 1.7 (2).

ther coming nor going, where is no earth, no water, no fire, no wind, where there is the unborn, unbecome, uncreated, unconditioned, the death-free—nirvana.¹¹⁹

5.2.3 "Found, sought after, mentally pursued"

5.2.3.1 Now we will examine the addendum to or second half of the *dițțha suta muta viññāta* pericope, that is, the phrase, "**found, sought after, mentally pursued**" (*pattaṁ pariyesitaṁ anuvicaritaṁ manasā*). The Saṁyutta Commetary says that this phrase is simply an elaboration of "the known" (*viññā-ta*) [5.2.1.2].

Let us now ask, "If the '<u>seen, heard, thought, known</u>' [5.2.2] refers directly to $B\overline{A}U$ 4.5.6 [4.2.2.1], why does the Buddha need to mention it?" The explanation for this is a simple one. In the suttas, the verb **anuvicarati** often refers to the practice of meditation.¹²⁰

From **the Ariya Pariyesanā Sutta** (M 26), we know that the verb **pariyesati** has the sense of seeking the wholesome, the spiritual quest. It seems that this Pali stock phrase refers to the wrong view that the Upanişadic $\bar{a}tman$ —an eternal soul or abiding entity—may be realized through <u>meditation</u>, as clearly suggested at BĀU 4.4.23¹²¹—that the spiritual goal is attained through meditation. Based on this idea, the Buddha *naturally adapts* the Upanişadic pericope to show that identifying oneself with the $\bar{a}tman$, through meditative realisation or otherwise, is clearly misconceived.

5.2.3.2 As noted above, the reading of the 5th view as an allusion to an Upanişadic formula is supported by the 6th and final wrong view, in which personal identity is imagined in this way: "<u>The world is</u> <u>the self</u>; after death I will be permanent, everlasting, eternal, unchanging in nature, eternally the same; I will endure as long as eternity" [§15(6)]. This seems to recall at least two other Upanişadic statements, as has been pointed out by Norman,¹²² and is clearly a reference to the Upanişadic doctrine of a "world self" or "cosmic soul,"

The Buddha thus extends his analysis of wrong view to point out the error of identifying with the Upanişadic *ātman* (perhaps imagined through meditation), and with this *ātman* understood as a macrocosmic essence. Norman has also noted that the way the Buddha articulates personal identity in this teaching ("This is mine, I am this, this my self") is a <u>first person</u> reformulation of the "You are that" (*tat tvam asi*) —that we are nothing but the *ātman*—of the Chāndogya Upanişad.¹²³

All this shows that the Buddha's aim in the teaching against the 6 wrong views is quite specific: by pointing out ways in which an ignorant person may misconstrue experience [§§1-14], the Buddha is mostly concerned with Upanişadic notions of personal identity. He highlights these false notions and then, applying the 3 universal characteristics [§§26-27], rejects them outright [§§15-41].

¹¹⁹ See (Arahatta) Māluńkyā, putta S (S 35.95,13), SD 5.9.

¹²⁰ PED, DP sv anuvicarati, anuvicāra.

¹²¹ BĀU 4.4.23: tasmād evam vic chānto dānta uparatas titikşuh samāhito bhūtvātmany evātmānam paśyati, sarvam ātmānam paśyati. "Therefore, the one with this understanding becomes calm, tamed, restrained, patient and concentrated; he sees the self in his very self, he sees everything as the self."

¹²² Norman (1981: 20) comments "it is possible to find actual verbal echoes of the Upanişads in this passage" and refers to the Chāndogya Upanişad 3.14.3–4 (*eṣa ma ātmā*), 3.14.1 and 3.14.4 (*yathākratur asmiml loke puruso bhavati tathetaḥ. pretya bhavati sa kratum kurvīta … etam itaḥ pretyābhisambhavitāsmi*). Other similarities have been noted by Gombrich (1990:15).

¹²³ Norman (1981: 23). More recently Brereton (1986)—followed by Olivelle (1998: 561)—has pointed out that *tat tvam asi* should be translated 'that is how you are', although this makes no difference to Norman's argument.

5.3 The nature of the **5** aggregates

5.3.1 The sequence of the 5 aggregates

5.3.1.1 Wynne's paper (2010) is a piece of brilliant prize-winning documented research and deductive reasoning, and I fully agree with most of his arguments and explanations. However, I am not fully convinced by two key but radical ideas that he has proposed. In fact, they are at best conjectural and speculative, but the value of his paper is still unaffected, even if his two key ideas are rejected.

The first proposal of Wynne's with which I disagree is <u>his rejection of the fact that the Buddha did</u> <u>not realize or discover "the entire Dharma at his awakening</u>," which I will address in the rest of this section. The second proposal of his that I think is unconvincing or merely speculative is that <u>the Buddha had</u> <u>come up with the idea of the 5 aggregates in their traditional sequence only "by chance</u>," while working out an elaborate response to the case of Arițțha [5.3.2]. Otherwise, Wynne's paper is instructive in helping us reflect on the Buddha's key teachings.

5.3.1.2 Both my objections to Wynne's proposals are given in this passage (underscored), where he says:

If we accept that <u>the order of the five aggregates</u> is unusual, and suspect it would be better explained as a product of the Buddha's skill in means, we have a perfect solution in the form of the *Alagaddūpama Sutta*. This skill in means text thus appears to contain something quite unexpected: <u>contrary to the tradition that the Buddha discovered the entire Dharma at his awakening</u>, it suggests that at least one important doctrine was formulated by the Buddha in the process of teaching. The Buddha seems to have chanced upon a useful fivefold analysis of conditioned experience as part of an elaborate response to the case of Arittha. (2010:206)

The key points to which I object have been highlighted above. Here, I will explain why Wynne's first proposal is purely speculative and unnecessary. Wynne, in fact, thinks that the Buddha's formulation of the 5 aggregates, as we have them, (1) "looks like an *ad hoc* teaching" that has been put together purely for the didactic purpose of "replacing an elliptical and empirically useless Upanişadic reference ('what is seen etc'), (2) with the direct and empirically useful one ('consciousness')" (2010:206). I do not object to the second part of this argument, but I think the connection is merely coincidental, or that the Buddha knew exactly what he was doing when he taught the doctrine of the 5 aggregates.

5.3.1.3 Wynne says that the Buddha, on account of his systematic argumentation against the Upanisadic teachings on the *ātman* ended up listing <u>consciousness</u> as the *fifth* and last aggregate. Wynne adds that it would be more appropriate for consciousness to be "listed as *second* rather than the 5th aggregate" (id), thus: Form (*rūpa*), <u>consciousness</u> (*viññāṇa*), feeling (*vedanā*), perception (*saññā*), and formations (*saṅkhārā*). And that, after *formations*, should come "what is seen, etc," "given the Upaniṣadic context as noted by Norman" (2010:204).

Wynne's argument essentially upon the proposal that the Buddha had formulated the 5 aggregats *specifically* to debunk the notion of the Upanişadic $\bar{a}tman$ (2010:204 f), and also that "the first four items describe different aspects in the process of consciousness" (198). Again, these points are, in themselves, not wrong, but merely incidental. I will show that the sequence of the 5 aggregates, *as we have them*, is perfectly natural <u>in terms of meditation practice</u>, at least.¹²⁴ [5.3.2]

¹²⁴ My aim here is only to show that <u>the sequence of the 5 aggregates</u>, being both natural and practical, as we have them, is just the way that the Buddha has formulated them, right from the start. It would be interesting for

5.3.1.4 The first reason for the natural sequence of the 5 aggregates is simply that this is the way that they have been given, even in the very "first discourse," **the Dhamma,cakka Pavattana Sutta** (S 56.11), where it is only briefly mentioned, but is elaborated in "the second discourse," **the Anatta Lak-khaṇa Sutta** (S 22.59).¹²⁵ Even if these two important texts, *as we have them,* were compiled decades later, long after their actual occurrence, their contents clearly reflect the earliest teachings, but may or may not contain the Buddha's teachings specifically refuting Upanişadic teachings.

The early arhats—certainly the first 60 arhats¹²⁶—do not have any such doctrinal issues to bring before the Buddha. However, such developments are more likely with the later followers, who joined the order when it has become better known,¹²⁷ especially during the second period.¹²⁸

5.3.2 The aggregates of clinging

5.3.2.1 As such, the 5 aggregates—or, technically, "the 5 aggregates of clinging" ($pa\tilde{n}c'up\bar{a}d\bar{a}na-k,-khandha$)¹²⁹—are <u>the ultimate referents of the 1st noble truth</u>, that is, suffering, as pointed out in **the** (Ariya,sacca) Khandha Sutta (S 56.13).¹³⁰ Since all the noble truths revolve around suffering, understanding the 5 aggregates is essential for understanding the 4 noble truths as a whole.

The point is that the Buddha would *not* have put together "ad hoc" such a vital formula, merely to refute the Upanişadic $\bar{a}tman$, as suggested by Wynne (2010).¹³¹ It was a teaching that was formulated and taught by the Buddha from the very beginning, from the very first time that he started teaching the Dharma. [5.3.1.4]

5.3.2.2 "**Consciousness**" (*viññāṇa*) is not only a polysemic early Buddhist term, but also a very complex concept in Buddhist teachings. In simple terms, <u>consciousness</u> is what we generally refer to as "the mind," and its function is that of "sensing" or knowing sensations, that is, *sense-experiences*, or the events occurring at the 6 sense-doors (the eye, ear, nose, tongue, body and mind).¹³² As such, although <u>consciousness</u> encompasses a number of other related senses (such as conceiving, imagining, intending, etc), here it refers to only a fundamental sense of <u>knowing</u> on a "sense-door" level. This "knowing" then becoms the basis or ground for other mental activities, especially those that bring about self-identity, as we have already noted [5.2.2.1].

5.3.2.3 Two senses of "consciousness" are especially important, that is, "cognitive consciousness" and "existential consciousness." **Cognitive consciousness** is a useful modern term referring to the workings of the 6 sense-faculties,¹³³ that is, our synchronic experiences¹³⁴—while **existential consciousness**

- ¹²⁸ On <u>the 2 periods</u> in the Buddha's ministry, see SD 40a.1 (1.3).
- ¹²⁹ See SD 17.1a (2).
- ¹³⁰ S 56.13/5:425 f.
- ¹³¹ For the significance of the 5 aggregates, see SD 17.1a (3.1).
- 132 See SD 17.8a (1).
- ¹³³ On <u>cognitive consciousness</u>, see SD 17.8a (6.1.1).

¹³⁴ The origin and passing away of the aggregates are explained in **Pațisallāna S** (S 22.6/3:15) by way of <u>diachron-</u> <u>ic</u> conditionality, and in **Upādāna Parivațța S** (S 22.56/3:58-61), SD 3.7, & **Satta-ț,țhāna S** (S 22.57/3:61-65) by way of <u>synchronic</u> conditionality. ["Diachronic" here "across time," ie over many, usu 3, lives; "synchronic means within one life-time itself.]

those academically inclined to discuss the difficulties found in Wynne's other arguments in his remarkably interesting paper.

¹²⁵ S 56.11,5 (SD 1.1); S 22.59 (SD 1.2).

¹²⁶ On the first 60 arhats, see SD 11.2, esp SD 11.2(11).

¹²⁷ Such inter-religious conflicts are recorded, eg, in **Te,vijja S** (D 13), SD 1.8.

refers to "rebirth consciousness" and to the second function of dependent arising,¹³⁵ which centres upon *taṇhā* (craving) and *upādāna* (clinging or fuel): it shows the true nature underlying what we call an "individual," that is reborn, going through various lives (our diachronic experiences), and it shows this by stating that *consciousness* arises conditioned by ignorance (*avijjā*) and formations (*saṅkhārā*).¹³⁶ Traditionally, then, this is <u>the rebirth-consciousness</u>.¹³⁷ In modern terms, this is **the subconscious**.¹³⁸

5.3.3 Form, feeling, perception, formations, consciousness

5.3.3.1 The 5 aggregates formula lists them in their order of complexity. It begins with the fact that we can at once know that we all have a body or **form** ($r\bar{u}pa$), made up of the dynamic flux of the 4 elements ($mah\bar{a},bh\bar{u}ta$), earth, water, fire, and wind, and functioning through the 6 sense-faculties of the eye, ear, nose, tongue, body and mind.

5.3.3.2 Since we have <u>a conscious body</u> (*sa*, *viññāṇaka kāya*),¹³⁹ we naturally <u>feel</u>, that is, we respond *affectively* to our sense-experiences. We tend to *accept* **feelings** (*vedanā*) that we see as being pleasant, *reject* those we see as being unpleasnt, and *ignore* what is neither pleasant nor unpleasant. Our feelings, then, are a direct experience that follows the moment we have been conscious at the level of any of our sense-faculties.

5.3.3.3 These feelings, we have noted, are, in simple terms, our reaction to our **perception** (*saññā*), or recognition, of pleasure, pain, or their absence. Here, we should remind ourselves that the 5 aggregates do *not* function sequentially but interdependently, a body-mind dynamic, working at the speed of mental processes. However, we can, as it were, freeze a frame of such a dynamic process (like a diagram of an atom or molecule) so that we have good theoretical grasp of it.

5.3.3.4 Formations (*saṅkhārā*) refers to the way we <u>morally</u> react to such a perception, whether with any of the 3 unwholesome roots (greed, hate, delusion) or without them. If we are motivated by any of the unwholesome roots, then, our action is <u>unwholesome</u> (*akusala*); if we are moved by the wholesome roots of charity, lovingkindness, or wisdom, then, it is <u>wholesome</u> (*kusala*). In short, this is how we create or feed our karma.

5.3.3.5 The 5th aggregate, that is, "consciousness," serves as the stage for all these functions of the other four aggregates. Since consciousness underlies all our waking actions, it makes sense to place it last, as it is the most mental and most complex of all the aggregates. Since all the 5 aggregates function together as a dynamic process, they are actually a cross-section of our subjective conscious experiences. In a sense, it does not really matter how we arrange these aggregates, but the traditional listing facilitates the most coherent way of explaining and understanding this complex process.

¹³⁵ On how the 5 aggregates are related to dependent arising, see SD 18.1a (1.2.6).

¹³⁶ On <u>existential consciousness</u>, see SD 17.8a (6.1.2).

¹³⁷ Pațisandhi, citta; also gandhabba [12.1.3.3]. See Is rebirth immediate? SD 2.17 (3+8).

¹³⁸ See also **The unconscious,** SD 17.8b (3) & (5.1).

¹³⁹ On <u>the conscious body</u>, see SD 17.8a (12.3).

5.4 THE NATURE OF THE BUDDHA'S AWAKENING

5.4.1 The Buddha's gradual awakening

5.4.1.1 My next objection to Wynne's view of the Buddha is a more serious one, as it questions the Buddha's awakening. Wynne, in the opening abstract to his learned article, states his thesis as follows:

This article argues that the Alagaddûpama Sutta, an important early Buddhist text, portrays the Buddha <u>in the process of formulating his thoughts</u>. If so, it contradicts <u>the myth that the Bud-dha awakened to the entire Buddhist Dharma on one occasion</u>, and should be dated to the 4th BCE. Such an antiquity, and peculiar didactic structure suggests that the text contains authentic teachings of the Buddha. (2010:191; emphass added)

It is important to note here that Wynne is questioning neither the authenticity nor the antiquity of the Dharma. He is merely asserting that <u>the Buddha did not gain **full awakening**</u> [5.4.2.4] under the Bodhi tree on Vesak night—or that, even if he had fully awakened, *he did not acquire "all" knowledge regarding the Dharma*—in the sense of realizing all that there is to know regarding whatever he has taught. Before the Buddha gave the teachings recorded in **the Alagaddûpama Sutta** (M 22), for example, he had to go through "the process of formulating his thoughts" (191). Based on the early teachings, we will see that Wynne is simply wrong here.

5.4.1.2 According to **the Simsapā Sutta** (S 56.31), the Buddha teaches only what is necessary for our spiritual progress and liberation. But what the Buddha knows is very much more than that. Once, in a forest, the Buddha gathered up <u>a handful of leaves</u>, and declared to the monks (to us) that we need to know and practise only that much teachings (as the handful of leaves compared to all the leaves in the forest). But the Buddha's knowledge is vast like the leaves in the whole forest!

That "handful" of teachings is <u>the 4 noble truths</u>, which serves as a synecdoche for the whole of the Buddha Dharma. The level at which we understand the 4 noble truths presages the level of awakening we may attain. When we really begin to understand these truths in terms of <u>impermanence</u>, we will attain streamwinning; when we fully understand them in terms of <u>impermanence</u>, unsatisfactoriness and non-self,¹⁴⁰ we gain arhathood, final liberation.¹⁴¹

In other words, there is **the "knowledge that holds"**—which scholars pursue and profit by—and there is **the "knowledge that frees"**—which the Buddha teaches and we need to practise. The word "holds" here refers to being reasonable and persuasive, but scholars are famously known to change their views, which makes them interesting to study and learn from. The horizon of academic learning, however, is never reached—there is always something new to learn, something new to postulate, and then we retire, celebrated perhaps by a festschrift, and probably be debunked by the new of scholars. This is academic progress, where (as the Chinese say) green comes from blue, the old is bettered by the new.

However, when a scholar deeply loves his work and respects what he works on (here, of course, I mean Buddhism), then, we have much to learn and benefit from his works and knowing him as a person, too. After all, **education** is <u>the process of bringing out the best in us</u>. If what we know, changes us for the better, or brings changes for the better, we have been well educated. When what a scholar examines and learns also transform him into a spiritually better and wiser person, then, he can be a good Dharma

¹⁴⁰ Atam, mayatā, SD 19.13 (1).

¹⁴¹ On <u>these 3 universal characteristics</u> (*ti,lakkhaṇa*), see S 56.31 (SD 21.7). On all dharmas as "non-self" (*sabbe dhammā anattā*), see **Dhamma Niyāma S** (A 3.134), SD 26.8.

teacher, too. This is a truly wholesome merging of worlds—the academic and the spiritual—the ideal for most of us who love learning and practising the Dharma.

5.4.1.3 On the other hand, we could be lost in learning, that take this loop of facts and figures, talks and tacks, a talking head without a heart. Knowledge and facts have become currency, things to collect and measure others by. If we go to Facebook or any social networking site, we are likely to see a forest of information and jungle of ignorance. We, both the home-bound and the home-left alike, are blissfully lost, feeding our selves on the digital ginger-bread house, showing what we think we know, seeking "likes" and "loves," engaging with the world, looking for images of ourselves in the lights through a closed window. Yet, if we are wise and compassionate, even such situations can be lakes of lotuses: there are those who will rise into the light and see the Dharma. But we must be willing to learn.¹⁴²

5.4.1.4 The knowledge that frees us is our <u>understanding</u> that the conditions and reasons for us being caught up in networking and chats—we need to warmly extend our humanity to real beings in due course. But first, we must bravely look within and listen to the resonant voice of silence shining from our own hearts. We begin by accepting ourselves as we are, and start growing spiritually. We then see our failures simply as unopened doors into the growing inner space, the gardens of our minds. Then, pruning, weeding and caring for these gardens, we enjoy beauty, peace, and health. We then welcome others—real people and living beings—into our spacious and lush gardens.

5.4.1.5 The Buddha is traditionally said to be **omniscient**, but in what way is he so?¹⁴³ **The Sabba Sutta** (S 35.23) is a brief but precise discourse that provides us with very helpful clues. The Buddha declares that the "all" (*sabba*) or "everything" there was, is, or will be, comprises our 6 sense-faculties (the eye, ear, nose, tongue, body and mind) and their respective sense-objects. It is impossible to speak of anything other than these: our 6 senses are the only sources of knowledge, and the 6 sense-objects are all that we can know, and need to know.¹⁴⁴

Once we understand this, it makes good sense to speak of the Buddha as being "omniscient," in the sense that he knows "all" or "everything," any of it at a time, whenever he wants to, as defined in the Sabba Sutta. But such a knowledge is not only limited to the Buddha. We, too, can cultivate such an understanding. In fact, the purpose of Buddhist training is to understand this teaching and then apply it to our daily lives. That way, we have started our journey to awakening in this life itself.

5.4.1.6 This also shows that the Buddha, who has discovered this truth, knows about the <u>all</u>,¹⁴⁵ right from the moment of his awakening. After all, once we have awakened, we see all in the light within us, and this is the kind of awakening from which we never fall again into the sleep of ignorance and craving. The Buddha is like a great composer and performer who can at once read music and play it perfectly and beautifully. He may also improvise great music whenever he wishes or needs to.

If we understand this **parable of the musician**, then we understand that the Buddha is fully selfawakened, and teaches the Dharma with natural spontaneity, any time he wants to or needs to. He does not even need to think about what to say, but the Dharma flows naturally, beautifully and instructively from him—just as a great musician does not *think* about the music he is playing, but fully <u>feels</u> the truth

¹⁴² That is, live by the 3 trainings (*ti,sikkhā*) of moral virtue, mental cultivation and insight wisdom (D 16,2.28; also 3:58, 77; S 3:42, 5:154, 163, 164).

¹⁴³ On <u>the Buddha's omniscience</u>, see **Kaṇṇaka-t,thala S** (M 90): SD 10.8 (2) & **Sandaka S** (M 76,21+52): SD 35.7 (3.2); SD 36.2 (5.1.1.2).

¹⁴⁴ S 35.23 (SD 7.1).

¹⁴⁵ The "all" as defined in **Sabba S** (S 35.23), SD 7.1.

and beauty freely flowing from him for our joy and good. We only need to lend our ear, be fully attentive; then, to truly enjoy the music of the Dharma.

5.4.1.7 The most significant teaching of the early Buddhist texts that finally rebuts Wynne's view that the Buddha has to *think before teaching or answering questions,* comes from **the Abhaya Rāja,-kumāra Sutta** (M 58), which deals with just this kind of controversy. At the end of the Sutta, prince Abhaya asks the Buddha:

"Bhante, when learned kshatriyas, learned brahmins, learned householders and learned recluses, after preparing a question, then go to the Blessed One and ask it, is there already in the Blessed One's mind the thought:

'If they come to me and ask me thus, I shall answer thus'? Or does that answer occur to the Tathagata spontaneously?"¹⁴⁶ (M 58,9), SD 7.12

As prince Abhaya is skilled in chariots and the parts of a chariot, the Buddha asks him these questions and follows up with a fuller explanation of the nature of his own awakening:

"What do you think, my prince? When people come to you and ask: 'What is the name of this part of the chariot?' is there already in your mind the thought: 'If they come to me and ask me thus, I shall answer thus'? Or does the answer occur to you spontaneously?"

"Bhante, I am well known as a charioteer, skilled in the parts of a chariot. All the parts of a chariot are well known to me. That answer would occur to me <u>spontaneously</u>."

"Even so, my prince, when learned kshatriyas, learned brahmins, learned householders and learned recluses, after preparing a question, then approach the Tathagata and ask it, <u>the answer</u> occurs to the Tathagata spontaneously.

Why is that? **The Dharma-element**¹⁴⁷ has been fully penetrated by the Tathagata, through such a full penetration, the answer occurs to the Tathagata spontaneously."¹⁴⁸

(M 58,10-11), SD 7.12

5.4.2 The Buddha's full awakening

5.4.2.1 After proposing the notion that the Buddha had to "process his thoughts" before teaching [5.4.1.1], Wynne then presents his understanding of **the parable of the raft** as follows:

¹⁴⁶ "Spontaneously," *thānaso*, here means both "on the spot" (*thān'uppattika*) and "at that moment" (*taṁ khaṇ-aṁ*) (MA 3:113). PED: "without an interval or a cause (of change), at once, immediately, spontaneously, impromptu."

¹⁴⁷ "The Dharma-element," *dhamma*,*dhātu*, also tr as "element of Dharma," "element of things" (M:B), "causal cosmic order" (Jayatilleke 1963:448 f): see **Mahā'padāna S** (D 14,1.13,4), SD 49.8a; **Kalāra S** (S 12.32/2:56), SD 83.6. Majjhima Comy gives 2 glosses: (1) the nature of Dharma (*dhamma*,*sabhāva*); (2) the Buddha's knowledge that is <u>omniscience</u> (*sabb'aññutā,ñāṇa*) (MA 3:113). In a disciple, this refers to seeing <u>conditionality</u> without any obscuration (*paccay'ākārassa vivaṭa,bhāva,dassana,samatthaṁ sāvaka,pāramī,ñāṇaṁ*, SA 2:66). However, *dhamma,dhātu* here "should not be confused with the same term used to signify the element of mind-objects among the 18 elements [eg S 14.1-10], nor does it bear the meaning of an all-embracing cosmic principle that the term acquires in Mahāyāna Buddhism." (M:ÑB 1261 n614). See also Nett 64 f, Vism 486 f, where *dhamma,dhātu* seems to be used in the sense of a mental state as an irreducible element (M:H 2:64 n1). Cf Dhs 67, 69; Vbh 72, 87, 89.

¹⁴⁸ On how the Buddha knows, see SD 49.8b (4.3.2).

[In] the simile of the raft, ... the Buddha explains that his teachings are pragmatic and useful only in so far as they lead to the religious goal (the cessation of suffering), just as a raft is constructed only for the sake of crossing over a river. The Buddha underlines this point by stating that just as it would be incorrect for a person who has crossed a river by raft to carry it around on his head afterwards, so, too, would it be incorrect to grasp on to the Buddha's teaching after achieving its purpose. (2010:199)

Immediately after saying this, Wynne continues:

This explanation does not fit easily with the later myth of the Buddha's revelation: far from suggesting that Buddhist doctrine is abandoned after the religious goal has been attained, this myth states that the doctrine is only realised in all its glory when a person achieves the highest religious goal possible by becoming a Buddha. (id)

5.4.2.2 Wynne surmises that the notion of the Buddha's **full awakening** (a term of convenience in the present context)—means (according to Wynne) that all his Buddha-knowledge did not arise when he was awakened, but that he had to process a situation and formulate his teachings *ad hoc* in that connection. The notion of the "full awakening," according to Wynne, is a "later myth of the Buddha's revelation." (2010:199).

His basic argument is that since the Alagaddûpama Sutta records the Buddha as formulating his teachings (the 5 aggregates, etc)—that is, well before the myth of his "full awakening"—the Sutta must be old, and that his teaching on the 5 aggregates is an "authentic example of the Buddha's skill in means." (191). The reasoning is speculative at best, but the conclusion is reflective of the sutta teachings.

5.4.2.3 I have no issue with Wynne's conclusions—that the Alagaddûpama Sutta must be old and that the Buddha's teaching on the 5 aggegates is an "authentic example of his skill in means" [5.4.1.2]. However, I have serious difficulties with his <u>reasoning</u> for that conclusion—that the Buddha did not awaken to full knowledge, that there was no "full awakening." This is definitely *not* the Buddha of the suttas, but a "scholar's Buddha," to begin with.

5.4.2.4 The Mahā Sīha,nāda S (M 12)—a discourse dealing with the Buddha's special qualities that defines him—the Buddha himself is recorded as declaring, in simple terms, that <u>no one can truly say of the Buddha</u>:

(1) that he is not fully awakened;

- (2) that he has not destroyed (all) his mental influxes;¹⁴⁹
- (3) that obstructions to the spiritual life are not obstructions; and
- (4) that when he has taught the Dharma to us, if we make an effort, we would not fully end suffering.

In positive terms, the Buddha's **4 intrepidities** (*catu vesārajja*),¹⁵⁰ as they are called, are that he is surely fully awakened; that he has destroyed all his mental influxes, and that if we follow his true teaching, we will surely fully end suffering. "Intrepidity" here has two vital implications for us as practitioners.

¹⁴⁹ These influxes (*āsava*) are what keep us caught up in sense-desires (*kām'āsava*), desire for eternal existence (*bhav'āsava*), views (*dițțh'āsava*), and ignorance (*āvijjâsava*): see SD 4.25 (5).

¹⁵⁰ M 12,22-28/1:71 f (SD 49.1): for refs see §22 n.

It means that these are 4 qualities that we can be <u>confident</u> in, regarding our spiritual life, and to effect these qualities within ourselves, we must show <u>moral courage</u> in upholding and practising them.¹⁵¹

The key point here is that the Buddha himself declares his own full self-awakening (*sammā*, *sambo-dhi*). The Buddha's awakening (*bodhi*) is not merely an intellectual or "intuitive" (in scholarly lingo) acumen, but a natural and spontaneous (that is, immediate) insight into people, beings and things, into states and events, into true reality, so that the Buddha is able to answer questions or teach with confidence and truth. If the listener or audience properly practices such teachings, they would surely attain spiritual liberation in due course.

5.4.2.5 There are a number of suttas that contain **the** *sammā*, *sambuddha* **pericope**, that definitively speaks of the Buddha as follows:

For, **the Blessed One** is <u>the one who shows the unarisen path</u>, who brings forth the path not yet brought forth, who points out the path that is not yet pointed out, the path-finder, the path-knower, the path-expert. But **his disciples** even now dwell as <u>accomplished followers after him</u>." (M 108,5.3), SD 33.5¹⁵²

Besides **the Gopaka Moggallāna Sutta** (M 108), this important pericope (stock passage) is also found in **the Pavāraņā Sutta** (S 8.7), **the Sammā,sambuddha Sutta** (S 22.58), and elsewhere.¹⁵³ This pericope shows that the Buddha himself discovers the path of awakening—that is, he fully awakens to liberation and its wisdom—and teaches that wisdom to his disciples. In this way, the Dharma or teaching has come down to us, even now, so that, practising it properly, we are able to attain that very same awakening.

5.4.2.6 The references given here [5] are <u>the internal evidence</u>—proofs from the suttas themselves, the early teachings—showing that the Buddha:

(1) is <u>fully awakened</u> to the liberation from suffering, complete with its wisdom or understanding, and
(2) is able to <u>naturally and spontaneously</u> answer questions on the Dharma or teach it efficaciously.

Academic postulations and argumentations may be valuable when they help us to better understand the Buddha and his teaching. However, where they are highly speculative or doubtful, we need to go back to the suttas and reflect on the Dharma for a better understanding of it. Awakening arises not from listening to the scholars, but from understanding the suttas and seeing true reality for ourselves.

5.4.2.7 If religion and spirituality use speculative and imaginative language, then, we should direct our best thought and imagination to <u>the quest of self-effort</u>, especially the human endeavour, for which we can be fully accountable, instead of seeking such answers in external agencies and realities. What safer and better way for us to see ourselves than in terms of **spiritual evolution**.

¹⁵¹ On moral courage (vesarajja), see SD 28.9a (3).

¹⁵² §§5.3+6.3: So hi, brāhmaņa, bhagavā anuppannassa maggassa uppādetā, asañjātassa maggassa sañjanetā, anakkhātassa maggassa akkhātā, magga-ññū, magga,vidū, magga,kovido. Maggânugā ca pana etarahi sāvakā viharanti pacchā samannāgatâ ti, M 3:8,12 = S 1:191,1 ≈ 3:66,16 (SA 2:278,5) = S 3:66,15 = Miln 217,10-219,11 = Pm 2:194,19 ≈ Ap 570,5 = ThīA 91,33*. This para [§5.3] is <u>the sammā,sambuddha pericope</u>. Comy, however, is silent on *pacchā samannāgata*, but Comy on S 22.58 explains it as: "they follow after him (*sam-anugatā*, from *sam-anugacchati*), the Blessed One, who has gone before them" (*pațhama,gatassa bhagavato pacchā samanu-gatā*, SA 1:277): see M:H 350 n1. For further details, see SD 33.5 ad loc.

¹⁵³ **Pavāraņā S** (S 8.7/1:191), SD 80.1; **Sammā, sambuddha S** (S 22.58/3:65 f), SD 63.11. Comys on these 2 suttas explain the passage in both places, reflecting on their significance.

In this path of spiritual evolution, there surely must be the one who is the most evolved, the one who is farthest ahead of everyone else, on earth or beyond. And if the teachings of that most highly evolved being are available to us, we should, by all means, examine and practise them, so that we, too, will evolve on that same path of awakening. In fact, the Buddha *is* <u>the most highly evolved of all beings</u> in this epoch of our world-cycle, in this cosmic period when we exist. This is clearly stated in **the (Agga) Tathāgata Sutta** (S 45.139).¹⁵⁴

Alaggadûpama Sutta The Discourse on the Water-snake Parable

1 [130] Thus have I heard.

At one time the Blessed One was staying in Anāthapiņdika's park in Jeta's grove, near Sāvatthī.

1

<u>Arițțha's bad wrong view</u>

2 Now at that time, a bad view¹⁵⁵ arose in a monk named Arittha, formerly of the vulture killers:

"As I understand the Dharma taught by the Blessed One, those things called 'obstructions [stumblingblocks]'¹⁵⁶ by the Blessed One are not able to obstruct one who indulges in them."¹⁵⁷

3 Now, several monks heard, "It is said that such a bad view had arisen in the monk named Arițțha, formerly of the vulture killers, thus:

¹⁵⁴ S 45.139 (SD 49.17).

¹⁵⁵ "Bad view" (*pāpa,diţţhi.gata*), or "bad wrong view," or "evil view" without its theistic connotations; "bad" (*pāpa*) because it brings karmic fruits of sorrow and suffering; "wrong view" (*diţţhi*) because it does not lead to happiness and awakening; *diţţhi,gata*, "recourse to views, field of views": **Diţţhi,gata S** (It 49) mentions 2 kinds: (1) those who hear the teaching for the cessation of becoming, do not delight in it; (2) despite prsent suffering, after death the self is annihilated (It 49/43), SD 77.13; **Sabb'āsava S** (M 2) mentions 6 kinds of self-views: (1) "A self exists for me." (2) "No self exists for me," (3) "I perceive a self with a self," (4) "A perceive non-self with a self," (5) "I perceive a self with non-self," and (6) a self that feels karma, but is eternal (M 2,8/1:8), SD 30.3.

¹⁵⁶ "Obstructions" (*antarāyikā dhammā*), ie obstacles, stumbling-blocks. Comy says that the term means "intentionally transgressing the seven classes of offences. For intentional transgression, even an offence of wrongdoing or of wrong speech hinders the fruit of the way." Comy here gives a list of ideas and deeds that obstruct either heavenly birth or final deliverance or both. But here sexual intercourse (*methuna,dhamma*), is meant (MA 2:33). See V 1:93, 115, S 2:226, Thī 492, Vism 215, MA 3:102. See V:H 3:21 n5 (on Pāc 68).

¹⁵⁷ In making this statement, Ariţţha directly contradicts the third of <u>the four intrepidities</u> (*vesārajja*) of the Buddha. Because of the Buddha's awakening, no one can justly charge that: (1) he is not fully awakened, (2) he has not fully destroyed his defilements, (3) those obstructions to the spiritual life declared by the Buddha are not obstructions, (4) the Dharma properly practised does not lead to the goal declared by the Buddha (M 12.25). The novice Kaṇţaka holds a similar wrong view (Pāc 70 = V 4:138-140): see **Mahaka Pāţihāriya S** (S 41.4), SD 27.2 (1.1).

'As I understand the Dharma taught by the Blessed One, those things called "obstructions" by the Blessed One are not able to obstruct one who indulges in them.""

3.2 Then, these monks went to the monk Arittha and asked him,

"Avuso Arițțha, is it true that such a harmful view has arisen in you?"

3.3 "That is true, avuso. As I understand the Dharma taught by the Blessed One, those things called obstructions by the Blessed One are not able to obstruct one who indulges in them."

3.4 Then, those monks, desiring to detach him from that harmful view, questioned, pressed and parleyed with him, thus:

"Avuso Arițțha, do not say so! Do not misrepresent the Blessed One: it is not good to misrepresent the Blessed One. The Blessed One would not speak thus.

For, in many ways, avuso, has the Blessed One stated how obstructive states are obstructive, and how they are able to obstruct one who indulges in them.¹⁵⁸

The 10 parables

3.5 The Blessed One has stated how **sensual pleasures** provide little gratification, much suffering and much despair, and how great is the danger in them.¹⁵⁹

- (1) With the parable of the bone,
 - the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (2) With the parable of the piece of meat,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

(3) With the parable of the grass torch,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

(4) With the parable of the fiery coal pit, ember

¹⁵⁹ **The 10 parables** = V 2:25 = A 3:97 = J 5:210 = Thī 487-91; the first 7 parables are explained in detail in **Potaliya S** (M 54.15-21/1:364-368), SD 43.8. All of them are explained in Comy. For details, see Nyanaponika 1974 n2. References:

(2) <u>the piece of meat</u> (*mamsa,pesī*), for which birds of prey fight, unyielding, often meeting death or deadly pain due to their beaks and claws (cf M 1:145; "shared by many" VA 870 = MA 2:103; Vism 341; Miln 280).

(3) the grass torch (tin'ukka), carried against the wind severely burns the carrier (cf S 2:152).

(4) <u>the pit of burning coals</u> (*angāra,kāsū*), over which a man is dragged by others, then thrown into the flame and consumed by it (cf D 3:283; S 4:188; A 4:234, 5:175; Sn 396; J 1:231, 2:313, 4:118; Vism 124).

(5) the dream (supinaka) of a beautiful landscape disappears when one awakes (cf Shakespeare's Sonnet 129).

(7) <u>the fruit-laden tree</u> [or fruits on a tree] (*rukkha,phala*): one desiring fruits, unable to climb, axes it down, hurting the one already in it.

¹⁵⁸ Aneka, pariyāyena h'āvuso ariţţha antarāyikā dhammā vuttā bhagavatā, alañ ca pana te paţisevato antarāyāya.

^{(1) &}lt;u>the bone</u> (*ațțhi,kaṅkala*), a fleshless, blood-smeared bone cannot satisfy the hunger of a starving dog (cf S 2:-185 = It 17).

⁽⁶⁾ the borrowed goods (yācitaka), on which one foolishly prides oneself but are taken away by the owners.

^{(8) &}lt;u>the butcher's knife and block</u> [or executioner's block] (*asi,sūnā*): sense-desires cut off one's spiritual development (cf M 1:144).

^{(9) &}lt;u>the sword stake</u> (*satti,sūla*), sense-desires are piercing, causing wounds where there are none before (S 1:128 = Thī 58 = 141; Vism 341).

⁽¹⁰⁾ the snake's head, sense-desires are a grave risk for one's welfare, present and future (Cf Sn 768).

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

(5) With the parable of the dream,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

- (6) With <u>the parable of borrowed goods</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (7) With the parable of fruit-laden tree,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering, and much despair, and how great is the danger in them.

(8) With the parable of the butcher's knife and block,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

- (9) With <u>the parable of the sword stake</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (10) With the parable of the snake's head,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them."

3.6 Yet although the monks questioned, pressed and parleyed with him thus, the monk Arittha, formerly of the vulture killers, still obstinately hold on to the harmful view and continued to insist upon it.

Arițțha holds on to his view

4 Since the monks were unable to detach him **[131]** from that bad view, they went to the Blessed One. After paying homage to him, they sat down at one side. Seated thus at one side, they said this to the Blessed One:

"Bhante, such a bad view has arisen in the monk named Arittha, formerly of the vulture killers, thus:

'As I understand the Dharma taught by the Blessed One, those things called 'obstructions' by the Blessed One are not able to obstruct one who indulges in them.'

4.2 Then, bhante, when we heard that such a bad view had arisen in the monk named Arițțha, formerly of the vulture killers, thus:

'As I understand the Dharma taught by the Blessed One, those things called 'obstructions' by the Blessed One are not able to obstruct one who indulges in them.'

Then, bhante, we approached the monk Arittha, formerly of the vulture killers. Having approached the monk Arittha, formerly of the vulture killers, we said this to him:

'Avuso Arițțha, is it true that such a harmful view has arisen in you?'

4.3 When this was said, bhante, the monk Arițțha, formerly of the vulture killers, said this to us:

'That is true, avuso. As I understand the Dharma taught by the Blessed One, those things called obstructions by the Blessed One are not able to obstruct one who indulges in them.'

4.4 Then, bhante, we, desiring to detach him from that harmful view, questioned, pressed and parleyed with him, thus:

'Avuso Arițțha, do not say so! Do not misrepresent the Blessed One: it is not good to misrepresent the Blessed One. The Blessed One would not speak thus.

For, in many ways, avuso, has the Blessed One has stated how obstructive states are obstructive, and how they are able to obstruct one who indulges in them.

4.5 The Blessed One has stated how <u>sensual pleasures</u> provide little gratification, much suffering and much despair, and how great is the danger in them.

The 10-parable refrain

- (1) With the parable of the skeleton [bare bones],
 - the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (2) With <u>the parable of the piece of meat</u>, the Blessed One has stated how sensual pleasures provide little gratification,
 - much suffering and much despair, and how great is the danger in them.
- With <u>the parable of the grass torch</u>,
 - the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (4) With <u>the parable of the fiery coal pit</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (5) With <u>the parable of the dream</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (6) With the parable of borrowed goods,
 - the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (7) With the parable of fruit-laden tree,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

(8) With the parable of the butcher's knife and block,

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

- (9) With <u>the parable of the sword stake</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (10) With the parable of the snake's head,
 - the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.'

The hollow man

4.6 Yet, bhante, although we questioned, pressed and parleyed him thus, the monk Arițțha, formerly of the vulture killers, still obstinately held on to the harmful view and continued to insist upon it.

Bhante, since we could not detach the monk Arițțha, formerly of the vulture killers, from this harmful view, we have reported this matter to the Blessed One."

5 Then, the Blessed One addressed a certain monk thus:

"Come, bhikshu, tell the monk Arițțha, formerly of the vulture killers, in my name, that the Teacher calls him." [132]

"Yes, avuso," the monk Arittha replied in assent to the monk, and he went to the Blessed One. After paying homage to him, he sat down at one side.

5.2 The Blessed One then asked him:

"Ariţţha, is it true that the following bad view has arisen in you: 'As I understand the Dharma taught by the Blessed One, those things called obstructives states by the Blessed One are not able to obstruct one who indulges in them'?"

"That is very true, bhante. As I understand the Dharma taught by the Blessed One, those things called obstructive states by the Blessed One are not able to obstruct one who indulges in them."

6 "O hollow man,¹⁶⁰ to whom have you ever known me teach the Dharma in that way? O hollow man, have I not spoken in many ways regarding obstructive states and how they obstruct those who indulge in them?

6.2 I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

The 10-parable refrain

- With <u>the parable of the skeleton [bare bones]</u>,

 I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
 With the parable of the piece of meat,
- *I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.*
- (3) With the parable of the grass torch,
 - I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (4) With the parable of the fiery coal pit,

I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

(5) With the parable of the dream,

I have stated how sensual pleasures provide little gratification,

much suffering and much despair, and how great is the danger in them.

- (6) With the parable of borrowed goods,
 - I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (7) With the parable of fruit-laden tree,

I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

- (8) With the parable of the butcher's knife and block,
 - I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (9) With the parable of the sword stake,

I have stated how sensual pleasures provide little gratification,

¹⁶⁰ *Mogha, purisa,* lit "empty person." Usu tr as "misguided one." However, while *mogha* evokes more deeply a spiritual lack, "misguided" connotes more of psychosocial errancy. I'm influenced by T S Eliot's "Hollow Men" (1925) (where "empty men" is also mentioned) which fully brings out the meaning here but lacks emotional connection for those unfamiliar with the poem: <u>http://allpoetry.com/The-Hollow-Men</u>. On *mogha, purisa* as a syn of *asappurisa*, see **Sappurisa S** (M 113) @ SD 23.7 (3.2).

much suffering and much despair, and how great is the danger in them.

(10) With the parable of the snake's head,

I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

6.3 But you, O hollow man, have misrepresented us by your wrong grasp, and you have injured yourself, and stored up much demerit. For, this will lead to your harm and suffering for a long time."¹⁶¹

No sensual pleasure without sensual desire

7 Then, the Blessed One addressed the monks thus:

"Bhikshus, what do you think? Has this monk Ariţţha, formerly of the vulture killers, kindled even a spark of wisdom in this Dharma and Vinaya [the teaching and discipline]?"¹⁶²

"How can this be, bhante? No, bhante."

7.2 When this was said, the monk Arițțha, formerly of the vulture killers, sat silent, dismayed, his shoulders drooping, hanging his head, glum, unable to speak [at a loss for words].¹⁶³ Then, knowing this, the Blessed One told him,

"O hollow man, you will be recognized by your own bad [evil] view. I will question the monks on this matter."

8 Then, the Blessed One addressed the monks thus:

"Bhikshus, **[133]** do you understand the Dharma taught by me as this monk, Arițțha, formerly of the vulture killers, does when he misrepresents me by his wrong grasp, and injures himself and stores up much demerit?"

"No, bhante. For, in many ways the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

The 10-parable refrain

8.2 (1) With the parable of the skeleton [bare bones],

the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

(2) With the parable of the piece of meat, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.

¹⁶¹ This episode thus far is found in two places in the Vinaya: the commission of an offence entailing explation (*pācittiya*) in refusing to do so after repeated admonitions (V 4:133 f) and the announcement of the act of suspension (*ukkhepaniya,kamma*) on Arițțha for refusing to give up his false view (V 2:25).

¹⁶² A similar context for this stock phrase is the Buddha's rebuke of Sāti (Mahā Taņhā,saṅkhaya S, M 38,6/1:258). Comy remarks that this phrase refers to "one who has not cultivated the 'warmth of understanding' (ñāņ'usmā) that can mature the 'seed of wisdom' (paññā,bījā, MAT) for winning the paths and fruits." (MA 2:104)

¹⁶³ Tuņhī, bhūtaṁ maṅku, bhūtaṁ patta-k, khandhaṁ adho, mukhaṁ pajjhāyantaṁ appați bhānaṁ viditvā, D 3:53,-26 = M 1:132,34 = 234,4 = 258,31 = 2:154,27 = 3:298,23 \approx A 3:57,13 (dukkhīṁ dummanaṁ patta-k, khandhaṁ +). **Tuṇhī, bhūto** +, M 1:132,30 (= Comy: kiñci pați bhānaṁ apassanto chinna, pați bhāṇo, lit "not seeing any wit, wit uprooted," ie at one's wit's ends, at a loss) = 234,2 (= Comy: uttaraṁ apassanto, "not seeing a refutation [not knowing how to answer]") = 258,29 = 2:154,25 = 3:187,18 = 208,22 = M 3:298,21 = S 1:124,12 = A 1:186,29 \approx A 3:57,11 (dukkhī dummano patta-k, khandho +) \approx D 3:53,22 (instead of final viditvā, has nisīdi, "he sat"). **3 pl** nisidiṁsu tuṇhī, bhūtā +, V 3:162,4 = 2:78,24 \approx D 3:57,13 = A 5:188,18. See **Satta Vassa S** (S 4.24,13 n), SD 36.5.

- (3) With the parable of the grass torch, the Blessed One has stated how sensual pleasures pro
 - the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (4) With <u>the parable of the fiery coal pit</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (5) With <u>the parable of the dream</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (6) With <u>the parable of borrowed goods</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (7) With <u>the parable of fruit-laden tree</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (8) With <u>the parable of the butcher's knife and block</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (9) With <u>the parable of the sword stake</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them;
- (10) With <u>the parable of the snake's head</u>, the Blessed One has stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them."

Sensual pleasures have little gratification

8.3 "Good, bhikshus. It is good that you understand the Dharma taught by me thus.¹⁶⁴ For, in many ways I have spoken on obstructive states and how they obstruct those who indulge in them.

- 8.4 I have stated how sensual pleasures provide little gratification,¹⁶⁵ much suffering and much despair, and how great is the danger in them.
- (1) With <u>the parable of the skeleton [bare bones]</u>,
 I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- With <u>the parable of the piece of meat</u>,
 I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (3) With <u>the parable of the grass torch</u>, I have stated how sensual pleasures provide little gratification,

¹⁶⁴ Comy notes that by questioning the other monks, the Buddha wants to clarify the Sangha's view and to leave no doubt in Arittha that through his mindset, he had alienated himself from the Sangha (MA 2:105). Compatibility of view (*ditthi,sāmaññatā*) is the last of the 6 qualities constituting the virtues for the spiritual community (*sāraņīya,dhamma*, D 3:245, A 3:288 f), the first 5 being: showing lovingkindness in deed, in speech, and in thought; communal sharing, compatibility of moral virtue. However, despite Arittha's alienation, no disciplinary measure is put upon him. Instead, the Buddha actually clarifies the situation before the assembly in Arittha's presence which apparently would benefit him in due course.

¹⁶⁵ Cf Dh 186; F 2:313, 4:118; Vism 124.

much suffering and much despair, and how great is the danger in them.

- (4) With <u>the parable of the fiery coal pit</u>,
 I have stated how sensual pleasures provide little gratification,
 much suffering and much despair, and how great is the danger in them.
- (5) With <u>the parable of the dream</u>,
 I have stated how sensual pleasures provide little gratification,
 much suffering and much despair, and how great is the danger in them.
- (6) With <u>the parable of borrowed goods</u>,
 I have stated how sensual pleasures provide little gratification,
 much suffering and much despair, and how great is the danger in them.
- (7) With the parable of fruit-laden tree,
 - I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- (8) With <u>the parable of the butcher's knife and block</u>, I have stated how sensual pleasures provide little gratification,
- *much suffering and much despair, and how great is the danger in them.* (9) With the parable of the sword stake,
- *I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.*
- (10) With the parable of the snake's head,
 - I have stated how sensual pleasures provide little gratification, much suffering and much despair, and how great is the danger in them.
- 8.4 But this monk Arițțha, formerly of the vulture killers, misrepresents us by his wrong grasp and injures himself and stores up much demerit. For, this will lead to this hollow man's harm and suffering for a long time.

9 Indeed, bhikshus, <u>it is impossible that one can indulge in sensual pleasures without sensual desires</u>, <u>without perception of sensual desire</u>, <u>without thought of sensual desire</u>!"¹⁶⁶

2

The parables of the water-snake

10 "Here, bhikshus, some misguided people learn the Dharma¹⁶⁷—the discourses, the stanzas, the expositions, the verses, the inspired utterances, the sayings, the birth stories, the marvels and the

¹⁶⁶ Aññatr'eva kāmehi aññatra kāma,saññāya aññatra kāma,vitakkehi kāme paţisevissatâti n'etam ţhānam vijjati, I B Horner: "This situation does not occur when one could follow sense-pleasures apart from sense-pleasures themselves, apart from perceptions of sense-pleasures, apart from thoughts of sense-pleasures" (M:H 1:171). "Sensual pleasures" (*kāma*) refers to the sensual objects (*vatthu,kāma*) or sense-experiences, and "sensual desires" refers to "sensuality as mental defilement" (*kilesa,kāma*), the subjective aspect of the sense-process. Comy explains "sensual pleasures" as "sexual intercourse." MAŢ adds that this includes other physical acts expressive of sensual desire such as hugging and stroking. **Sandaka S** (M 76.51) says that an arhat "is incapable of transgression in <u>5 cases</u>: (1) a monk whose influxes are destroyed is incapable of depriving a living being of life; (2) he is incapable of taking what is not given, that is, of stealing; (3) he is incapable of indulging in sexual intercourse; (4) he is incapable of knowingly speaking falsehood; (5) he is incapable of enjoying sensual pleasures by storing them up as he did formerly in lay life." [MA. He is incapable of storing food provisions and other pleasurable goods and subsequently enjoying them.] In **Pāsādika S** (D 29.26/3:133), 4 other things that an arhat cannot do are mentioned: he cannot take a wrong course of action because of desire, hatred, fear or delusion. See M:ÑB 2001:1208 n252.

answers to questions¹⁶⁸—but having learnt the Dharma, they do not wisely examine the (true) purpose [the meaning]¹⁶⁹ of those teachings.

Without examining the (true) purpose [the meaning] of those teachings with wisdom, they are not convinced of it [they fail to see its wisdom].¹⁷⁰

Instead, they learn the Dharma only for the benefit of finding faults (with others) and for freeing themselves in a debate [of combatting criticism],¹⁷¹ and they do not enjoy the good for the sake of which one learns the Dharma. Those teachings, wrongly grasped by them, bring them harm and suffering for a long time to come.¹⁷²

Why is that? Because, bhikshus, of the wrong grasp of those teachings.¹⁷³

10.2 THE WATER-SNAKE WRONGLY GRASPED

Suppose a man who needs a water-snake,¹⁷⁴

looking for a water-snake, wandering in search of a water-snake,

sees a large water-snake and grasps its coils or its tail.

¹⁶⁷ Comy says that there are <u>3 ways of learning the Dharma</u>: (1) like that of the water-snake parable (the wrong grasp), ie for fame and gain (in which case it "would be better for one to sleep and not study at all"; (2) for crossing over (as in the raft parable), ie fulfilling the moral conduct, the concentration, the wisdom, and the paths and fruitions that are the subject of one's study; (3) like a steward (or, treasurer, store-keeper), ie by one who has given up the defilements, developed the path and realized the fruition, leaving nothing unpenetrated, nothing unrelinquished, nothing undeveloped, nothing unrealized (in reference to the noble truths); such is the keeper of the scriptures, the guardian of the tradition, the preserver of the lineage. The first student is the unawakened worldling; the second, the 7 noble persons (*ariya*,*puggala*) who are "learners" (*sekha*); the third, the non-learner (*asekha*), the adept, the arhat. An unawakened worldling, however, may be a student of the first or the second kind.

¹⁶⁸ Sutta geyyā veyyākaraņa gāthā udāna iti, vuttaka jātaka abbhuta, dhamma vedalla, collectively called nav'anga satthu sāsana, the Teacher's 9-limbed teaching (V 3:8, M 1:133, A 3:86). This is a pre-canonical listing of the teachings. Not all the canonical texts as we have them today are likely to fit perfectly into these 9 categories, but the general principles apply.

¹⁶⁹ That is, the attainment of the paths and their fruits.

¹⁷⁰ Tesaṁ te dhammā paññāya atthaṁ anupaparikkhataṁ na nijjhānaṁ khamanti. Bodhi: "Not examining the meaning of those teachings with wisdom, they do not gain a reflective acceptance of them." "<u>They are not con-</u><u>vinced of its wisdom</u>," na nijjhānaṁ khamanti, ie "they see no wisdom in it." They are not convinced because of their failure to understand that the purpose of moral conduct is to attain concentration, the purpose of concentration the attaining of insight, etc. (MAȚ qu by Nyanaponika 1974:35 n10). Here *nijjhāna* (Skt *nidhyāna*) means wisdom or understanding. This phrase, preceded by "having wisely examined the purpose [and/or meaning]" appears in Kītā,giri S (M 70,20), SD 11.1, and Caṅkī S (M 95.27), SD 21.15. On *nijjhānaṁ khamanti*, cf *nijjhāna*,khanti: see Kesa,puttiya S (A 3.65), SD 35.4 Comy 3a. Cf "One for whom these teachings are accepted thus after being pondered to a sufficient degree with wisdom is called a Dhamma-follower" (S 25.1 & S:B 1099 n169).

¹⁷¹ Te upārambh'ānisamsā c'eva dhammam pariyāpuņanti iti,vāda-p,pamokkh'ānisamsā ca. Similarly spoken by the wanderer Kuņdaliya, **Kuņdaliya S** (S 46.4,3/5:73), SD 35.3. Comy: They master the Dharma for the benefit of pointing out errors in their opponents' theses, and on rescuing their own theses when their opponents point out their errors (MA 2:106 f). For similar situations, see **Hāliddikāni S 1** (S 22.3,24/3:12), SD 10.12 & **Viggāhika Kathā S** (S 56.9,2/5:419), SD 65.13.

¹⁷² Comy explains that this passage aims at showing the fault in merely gaining intellectual knowledge of the Dharma (as in Arițțha's case). The "good for the sake of which one learns the Dharma" is the paths and fruits. (MA 2:106)

¹⁷³ Duggahitattā bhikkhave dhammānam.

¹⁷⁴ Seyyatā'pi bhikkhave puriso alagadd'atthiko. "Water-snake," alagadda (m & mfn), "a kind of snake"; only in late Skt, alagarda, "water-snake" (PED); "a watersnake (the black variety of the Cobra de capello, Amara,kośa
 1:8.5) (CPD); "water-snake" (DP). SED: ala (the sting in the tail of a scorpion (or a bee) + garda (m), a water-serpent (the black variety of Cobra de Capello, Coluber Nāga; ~gardā (f), a large poisonous leech.

It would turn back and bite his hand or his arm or one of his limbs, [134]

and because of that he would suffer death or deadly pain.

Why is that? Because, bhikshus, of the wrong grasp of the water-snake.

10.3 So, too, here some misguided person learns the Dharma—discourses, stanzas, expositions, verses, inspired utterances, sayings, birth stories, marvels and answers to questions—but having learnt the Dharma, they do not wisely examine the (true) purpose [the meaning] of those teachings.

Without examining the (true) purpose [the meaning] of those teachings with wisdom, they are not convinced of it [they fail to see its wisdom].

Instead, they learn the Dharma only for the sake of criticizing others and for winning debates, and they do not enjoy the good for the sake of which one learns the Dharma. Those teachings, wrongly grasped by them, bring them harm and suffering for a long time to come.

Why is that? Because, bhikshus, of the wrong grasp of the teachings.

Purpose of learning the Dharma

11 Here, bhikshus, <u>some clansmen</u> learn **the Dharma**—discourses, stanzas, expositions, verses, inspired utterances, sayings, birth stories, marvels and answers to questions—and, having learnt the Dharma, they examine the (true) purpose [the meaning] of those teachings with wisdom.

Having examined the (true) purpose [the meaning] of those teachings with wisdom, they are convinced of it [they see its wisdom].

They do not learn the Dharma for the sake of criticizing others, nor for winning debates, and they enjoy the good for the sake of which one learns the Dharma. Those teachings, properly grasped by them, bring them welfare and happiness for a long time to come.

Why is that? Because of the right grasp of the teachings.

THE WATER-SNAKE RIGHTLY GRASPED

11.2 Suppose <u>a man who needs a water-snake</u>,

looking for a water-snake, wandering in search of a water-snake,

sees a large water-snake and catches it rightly with a cleft stick,

and having done so, grasps it rightly by its neck.

Then, although the snake might coil around his hand or his arm or one of his limbs,

still he would not suffer death or deadly pain.

Why is that? Because of the right grasp of the water-snake.

12 Therefore, bhikshus, when you understand the meaning of my word, remember it accordingly, and when you do not understand the meaning of my word, then you should question and counterquestion either me or the learned monks about it.

3

The parable of the raft

13 Bhikshus, I will show you how the Dharma is comparable to a raft, that is <u>for crossing over [the</u> waters for the far shore], not for the purpose of grasping. Listen and pay close attention, I will speak."

"Yes, bhante," the monks replied in assent to the Blessed One.

13.2 The Blessed One said this:

"Bhikshus, suppose a man in the course of his journey saw a great stretch of water, whose near shore is dangerous and fearful and whose far shore is safe and free from fear, but there is no ferry or bridge for going across to the far shore. **[135]**

Then, he thinks: 'There is this great stretch of water, whose near shore is dangerous and fearful and whose far shore is safe and free from danger, but there is neither ferry nor bridge for going across to the far shore.

13.3 What now if I were to collect grass, wood, branches and leaves and bind them together into a raft, and supported by the raft, and exerting effort with my hands and feet, I go safely across to the far shore.'

And, then, the man <u>collects grass</u>, wood, branches and leaves, and binds them together into a raft, and supported by the raft, and **exerts himself using his hands and feet**, goes safely across to the far shore.¹⁷⁵

13.4 Then, when he has gone across and arrived on the far shore, he might think thus:

'This raft has been very helpful to me, since supported by it, and exerting effort with my hands and feet, I went safely across to the far shore. Suppose I were to hoist it on my head or bear it on my shoulder, and then go wherever I want.'

13.5 Now, bhikshus, what do you think? By doing so, would that man be doing what should be done with the raft?"

"No, bhante."

13.6 "By doing what, would that man be doing what should be done with the raft? Here, bhikshus, when that man has gone across and arrived on the far shore, he might think thus:

'This raft has been very helpful to me, since, supported by it and using my hands and feet, I went safely across to the far shore.

Suppose I were to haul it onto dry land or set it adrift in the water, and go wherever I wish.'

13.7 Now, bhikshus, by so doing so, that man is doing what should be done with that raft.

13.8 Even so I have shown you that the Dharma is comparable to a raft, which is for crossing over (the waters to the far shore), not for the purpose of grasping.

14 Bhikshus, having understood the parable of the raft, you should abandon even the dharmas, how much more so that which are not dharmas!¹⁷⁶

4

The 6 grounds for views

15 Bhikshus, there are these 6 grounds for views.¹⁷⁷ What are the six?

Here, bhikshus, an ignorant ordinary person, who has no regard for noble ones and is unskilled and undisciplined in their Dharma, who has no regard for the true individuals¹⁷⁸ and is unskilled and undisciplined in their Dharma,¹⁷⁹

(1) regards <u>form</u> thus,

'This is mine; this I am; this is my self.'¹⁸⁰

¹⁷⁵ Cf a similar parable at Asīvisôpama S (S 35.238,8/4:174), SD 28.1. See also SD 52.11 (1.2.2.2).

¹⁷⁶ Dhammā pi vo pahātabbā pag'eva adhammā. For comy, see (3.3), esp (3.3.2).

¹⁷⁷ Cha dițțhi-ț,țhāna. See (4).

¹⁷⁸ "True individuals" (*sappurisā*). For def, see **Sappurisa S** (M 113), SD 23.7 (3).

¹⁷⁹ On this verse, see (5.1.1.2).

¹⁸⁰ This <u>threefold grasping</u> (*ti*, *vidha gāha*) comprises (1) "This is mine" (*etam mama*) (arises through craving, *taņhā*, *gāha*), (2) "This I am" (*eso'ham asmi*) (arises through conceit, *māna*, *gāha*), and (3) "This is my self " (*eso me attā*) (arises through views, *diţthi*, *gāha*) (see **Anattā**, **lakkhaṇa S**, S 3:68). These three are also known as "latent tendencies to 'l'-making, 'mine'-making and conceit" (*ahaṅ*, *kāra*, *mamaṅ*, *kāra*, *mānânusaya*) (M 22, 15, 72, 15, 112, 11 20, S 2:75, 3:236, 4:41, A 1:132, 133). These threefold graspings are the main factors behind conceptual thinking (M 1) and mental proliferation (M 18). In short, such experiences are not "beliefs" but direct reactions to reality. See Bodhi, 1980:8-11; Peter Harvey, *The Selfless Mind*, 1995:32 f. See (4) esp 4.2.

(2) He regards <u>feeling</u> thus,
(3) He regards <u>perception</u> thus,
(4) He regards <u>formations</u> thus,
(5) He regards ¹⁸¹what is <u>seen</u>, heard, sensed, known, ¹⁸² *found*, sought after, mentally pursued,¹⁸³ thus,
(6) And this ground for views, namely,
(<u>The world is the self</u>;¹⁸⁴ after death, 1¹⁸⁵ will be
permanent, everlasting, eternal, unchanging [136]
in nature, eternally the same;¹⁸⁶ I will endure as long
as eternity'¹⁸⁷—this, too, he regards thus,
(This is mine; this I am; this is my self.'

16 Bhikshus, a well-taught noble disciple, who has regard for noble ones and is skilled and disciplined in their Dharma, who has regard for true individuals and is skilled and disciplined in their Dharma

regards <u>form</u> thus:	'This is not mine; this I am not; this is not my self.'
He regards <u>feeling</u> thus:	'This is not mine; this I am not; this is not my self.'
He regards perception thus:	'This is not mine; this I am not; this is not my self.'
He regards <u>formations</u> thus:	'This is not mine; this I am not; this is not my self.'
He regards what is seen, heard, sensed, known,	
found, sought after, mentally pursued, thus:	'This is not mine; this I am not; this is not my self.'
And this ground for views, namely,	
'The world is the self; after death I will be	
permanent, ever-lasting, eternal, unchanging in	

as *eternity*'—this, too, he regards thus: *'This is not mine; this I am not; this is not my self.'* **17** Regarding them thus, he is not anxious [agitated] regarding what is non-existent."¹⁸⁹

nature, eternally the same; I will endure as long

¹⁸⁵ "After death I will be," so pecca bhavissāmi. Comy so = so aham.

¹⁸⁶ "Eternally the same" (*sassati,sama*), a term from the Brhad Aranyaka Upanisad 5.10 (*sāsvatīh samāḥ*) (Nyanaponika 1974:42 n21).

¹⁸¹ "What is seen ... pursued" (*dițțhaṁ sutaṁ mutaṁ viññātaṁ pattaṁ pariesitaṁ anuvicarataṁ manasā*): see (5.2).

¹⁸² Dițțha, suta, muta, viññāta. For details, see (5.2.2).

¹⁸³ Comy: "found," ie whether sought after or not; "sought after," ie whether finding them or not; "mentally pursued" (or pondered), resorted to by consciousness, ie whether found or not without being sought after. (MA 2:110). See (5.2.3.1).

¹⁸⁴ "The world is the self, ... " (so loko so attā). This alludes to the early pantheistic theory that "the karma of he who reveres the soul as the world does not perish and out of this soul he creates whatever he likes (after death)" (sa ya ātmānam eva lokam upaste na hasya karma ksiyate asmadd hy eva atmano yad yat kamayate tat tat srjate, Brhad Āraņyaka Upanişad 1.4.15). Such notions are unequivocally rejected by the Buddha. In other suttas, the form, so attā so loko, "the self is the world," also occurs: see SD 1.1 (4.0.2.6) n.

¹⁸⁷ See (5.2.3.2).

¹⁸⁸ This is a classic <u>eternalist view</u>, see (5.1.1.3).

¹⁸⁹ "Not anxious [agitated] over what is non-existent" (*asati na paritassati*). Comy says that the noun **paritassanā** has two connotations: fear (*bhaya*) and craving (*taņhā*). As such, an alt tr can be "neither fear nor craving over what is non-existent." Anxiety over what is non-existent externally (§18) refers to the worldling's despair over losing or not getting possessions. The eternalist is anxious about what is non-existent internally (§20) when he misinterprets the Buddha's teaching on nirvana as annihilationism. Comy to Brahmajāla S (D 1) has a long discourse on the n *paritassanā*, noting 4 kinds of *tassanā*: on account of fear (*tāsa*, *tassanā*), of craving (*taņhā*, *tassanā*), of craving (*taņhā*, *tassanā*) (DA 1:111): SD 25.3 (41). The term recurs in **Uddesa Vibhaňga S** (M 138,20),

Anxiety over the externally non-existent

18 When this was said, a certain monk asked the Blessed One:

"Bhante, can there be anxiety over what is non-existent externally?"190

"There can be, bhikshu," the Blessed One said.

18.2 "Here, bhikshu, someone thinks thus: 'Alas, I had it! Alas, I have it no longer! Alas, may I have it! Alas, I cannot have it!'

Then, he sorrows, grieves and laments, he weeps beating his breast and becomes distraught. That is how there is anxiety over what is non-existent externally."

19 "Bhante, can there be no anxiety over what is non-existent externally?"

"There can be, bhikshu," the Blessed One said.

19.2 "Here, bhikshu, someone does *not* think thus: 'Alas, I had it! Alas, I have it no longer! Alas, may I have it! Alas, I cannot have it!'

Then, he does not sorrow, grieve, nor lament, he does not weep beating his breast nor become distraught.

That is how there is no anxiety over what is non-existent externally."

Anxiety over the internally non-existent

20 "Bhante, can there be anxiety over what is non-existent internally?"¹⁹¹

"There can be, bhikshu," the Blessed One said.

20.2 "Here, bhikshu, has the view:

'The world is the self; after death I will be permanent, everlasting, eternal, unchanging in nature, eternally the same, I will endure as long as eternity'—this, too, he regards thus: 'This is mine; this I am; this is my self.'

20.3 He hears the Tathagata or the Tathagata's disciple teaching the Dharma

for the elimination of all fixations¹⁹² to grounds for views, mindsets, obsessions, inclination and latent tendencies,¹⁹³

for the stilling of all formations

for the relinquishing of all attachments, for the destruction of craving,

for the fading away (of lust),¹⁹⁴ for the ending (of suffering),¹⁹⁵ for nirvana.

20.4 He thinks thus: [137] 'So I will be annihilated! So I will perish! So I will be no more!'

Then, he sorrows, grieves and laments, he weeps beating his breast and become distraught.

That is how there is anxiety regarding what is non-existent internally."

Upādā Paritassanā Ss 1+2 (S 22.7+8/3:15-19), SD 97.10+11; Upāya S (S 22.53); Udāna S (S 22.55). (Khandha) Samādhi S (S 22.5) mentions tāsa (anxiety). See Taņhā Jālinī S (A 4.199), SD 26.12 (3).

¹⁹⁰ "Anxiety over what is externally non-existent," *bahiddhā asati paritassanā*. Comy: "<u>External</u> property" property refers to animate things, such as wife and child, friends, etc, and to inanimate things, such as the monastic requisites (*parikkhāra*) (of the 3 robes, a bowl, a razor, a needle and thread, a girdle, and a water strainer, V 2:267; DA 1:206 f = J 1:65; cf J 4:342) (MA 2:111). However, according to Gombrich, this refers to the non-existent "self" as perceived by the Vedic brahmins: see (4.2). Cf Steinkellner 2004.

¹⁹¹ According to Gombrich, this refers to the non-existent "self" (a self as perceived by the Vedic brahmins): see (4.2).

¹⁹² -adhițțhāna- see foll n.

¹⁹³ Dițțhi-ț,țhān'ādhițțhāna,pariyuțțhāna'bhinivesā'nusaya.

¹⁹⁴ Virāga also "fading away of lust" or "dispassion" (see §21).

¹⁹⁵ Nirodha (see §21).

21 "Bhante, can there be no anxiety over what is non-existent internally?"

"There can be, bhikshu," the Blessed One said.

21.2 "Here, bhikshu, a monk does not have the view:

'The world is the self; after death I will be permanent, everlasting, eternal, unchanging in nature, eternally the same, I will endure as long as eternity'—this, too, he regards thus: 'This is mine; this I am; this is my self.'

21.3 He hears the Tathagata or the Tathagata's disciple teaching the Dharma

for the elimination of all fixation to grounds for views, mindsets, obsessions, inclination and latent tendencies,

for the stilling of all formations, for the relinquishing of all attachments,

for fading away (of lust), for the ending (of suffering), for nirvana.

21.4 He does *not* think thus: 'So I will be annihilated! So I will perish! So I will be no more!' Then, he does not sorrow, grieve nor lament, he does not weep beating his breast nor become distraught.

That is how there is no anxiety regarding what is non-existent internally."¹⁹⁶

Non-self

22 "Bhikshus, you may well take hold of that possession <u>that is permanent, everlasting, eternal, un-</u> <u>changing in nature, that would endure eternally the same just like that</u>.¹⁹⁷ But do you see any such possession, bhikshus?"

"No, bhante."

"Good, bhikshus. I, too, do not see any possession that is permanent, everlasting, eternal, unchanging in nature, eternally the same, that would endure as long as eternity.

23 Bhikshus, you may well cling to **the self-doctrine**¹⁹⁸ <u>that would not cause sorrow, lamentation,</u> pain, grief and despair to arise in one who clings to it.¹⁹⁹ But do you see any such possession, bhikshus?"

"No, bhante."

"Good, bhikshus. I, too, do not see any doctrine of self that would not arouse sorrow, lamentation, pain, grief and despair in one who clings to it.

24 Bhikshus, you may well rely on that support of views²⁰⁰ <u>that would not cause sorrow</u>, <u>lamentation, pain, grief and despair to arise in one who relies on it</u>. But do you see any such possession, bhikshus?"

¹⁹⁶ Comy says that this section deals with a fourfold emptiness (*catu,koțikā suññatā*), ie absence of self and mine, referring to one who, at the destruction of his own aggregates (ie personality), (1) feels anxiety, (2) feels none; and to one who, at the destruction of external property, (3) feels anxiety, (4) feels none. For another fourfold emptiness see Vism 762 f & S 22.5 (where $t\bar{a}sa$, "anxiety," is mentioned).

¹⁹⁷ Linked to §18.

¹⁹⁸ "You may well cling to a doctrine of the self," (*atta*, *vād*'*upādānaṁ upadiyetha*). For an alt tr (using "assumption" for *upādāna*), see Nyanaponika 1974:43 n27. On the difficulty of translating *atta*, *vād*'*upādānaṁ upādiyetha*, see M:ÑB 2001:1197 n176. Clinging to a self-doctrine (*atta*, *vād*'*upādāna*) is one of the 4 clingings, the first three being: (1) clinging to sensual pleasure (*kām*'*upādāna*), (2) clinging to views (*diţţh*'*upādāna*), and (3) clinging to mere rules and rites (*sīla-b*, *bat*'*upādāna*) (D 3:230, M 1:66, Vbh 375). 20 kinds of self-views (*sakkāya diţţhi*) are listed at Dhs 1214-17. See BDict: upādāna.

¹⁹⁹ Linked to §20.

²⁰⁰ "Support of views," *dițțhi,nissaya*. Comy says these are the 62 wrong views (or bases for wrong views) listed in **Brahma,jāla S** (D 1), that emerge from personality-view, and including Arițțha's bad view (§2). DA on Mahā Sati'-

"No, bhante."

"Good, bhikshus. I, too, do not see any support of views **[138]** that would not arouse sorrow, lamentation, pain, grief and despair in one who relies on it.²⁰¹

25 Bhikshus, if there were **a self**, would there be for me what belongs to a self?"²⁰² "Yes, bhante."

"Or, if there were what belongs to a self, would there be for me a self?" "Yes, bhante."

25.2 "And, bhikshus, since in truth and in reality,²⁰³ one can find neither self nor what belongs to a self, then this ground for views—

'The world is the self: after death, I will be permanent, everlasting, eternal, unchanging in nature, eternally the same, I will endure eternally the same just like that'—

would it not be an entirely and completely foolish teaching?"

"What else could it be, bhante, but an entirely and completely foolish teaching?"204

Characteristics of the aggregates

26 (1) "Bhikshus, what do you think? Is form permanent or impermanent?"

"Impermanent, bhante."

"Is what is impermanent painful or pleasurable?"

"Painful, bhante."

"Is what is impermanent, painful and subject to change, fit to be regarded thus: 'This is mine; this I am; this is my self'?"

"No, bhante."

(2) "Bhikshus, what do you think? Is feeling permanent or impermanent?"

"Impermanent, bhante."

"Is what is impermanent painful or pleasurable?"

"Painful, bhante."

"Is what is impermanent, painful and subject to change, fit to be regarded thus: 'This is mine; this I am; this is my self'?"

"No, bhante."

paţţhāna S (D 2:292) and MA on Satipaţţhāna S (M 1:56) (both identical passages) mention 2 kinds of supports, viz, craving as support (*tanhā,nissaya*) and views as support (*diţţhi,nissaya*).

²⁰¹ Comy: In this section, a threefold emptiness is shown, ie referring to external possessions, self-doctrine and views as support.

²⁰² "What belongs to a self" (*attaniya*) applies to any of the 5 aggregates as well as external objects (all of which have no self). "This passage shows the mutual dependence, and thus equal untenability, of the twin notions "I" and "mine" (Nyanaponika 1974:44 n30; M:ÑB 2001:1211 n264).

²⁰³ Cf §36. "In truth and in reality," *saccato thetato,* alt tr "as true and real"; as at **Alagaddûpama S** (M 22,25/-1:138; cf 22,36/1:140); **Yamaka S** (S 22.85.34/3:112); **Anurādha S** (S 22.86.21/3:118 = S 44.2.21/4:384); **Titth'āyatana S** (A 3.61.2-4/1:174 f x3); Vbh 376 f (×4), 382 (× 6); Pug 3.17/38 (×12); Kvu 67 f (×13). Vbh:T tr *staccato thetato* as "firmly as truth" (Vbh:T 487)..

²⁰⁴ Comy: Here, a twofold emptiness is shown, ie, that of the self (*atta*) and that of the property of a self (*attanī-ya*). The 2 supplementary statements in this section suggest that the concepts of "I" and "mine: are inseparably linked, like the philosophical terms, substance ("fire") and attribute ("hotness"). See Nyanaponika 1974:44 n30.

M 1.3.2

(3) "Bhikshus, what do you think? Is perception permanent or impermanent?"

"Impermanent, bhante."

"Is what is impermanent painful or pleasurable?"

"Painful, bhante."

"Is what is impermanent, painful and subject to change, fit to be regarded thus: 'This is mine; this I am; this is my self'?"

"No, bhante."

(4) "Bhikshus, what do you think? Are formations permanent or impermanent?"

"Impermanent, bhante."

"Is what is impermanent painful or pleasurable?"

"Painful, bhante."

"Is what is impermanent, painful and subject to change, fit to be regarded thus: 'This is mine; this I am; this is my self'?"

"No, bhante."

(5) "Bhikshus, what do you think? Is consciousness permanent or impermanent?"

"Impermanent, bhante."

"Is what is impermanent painful or pleasurable?"

"Painful, bhante."

"Is what is impermanent, painful and subject to change, fit to be regarded thus: 'This is mine; this I am; this is my self'?"

"No, bhante."205

27 Therefore, bhikshus, any kind of **form** whatsoever—whether past, future or present, internal or external, **[139]** gross or subtle, inferior or superior, far or near²⁰⁶—

all forms

should be seen as they really are with right wisdom thus: 'This is not mine, this I am not, this is not my self.'²⁰⁷

²⁰⁵ Norman on this and the foll section: "It is important to note that this answer can only be given by those who know, in advance, that the term *attā* is by definition *nicca* [permanent] and *sukha* [pleasant], and therefore any-thing which is *anicca* and *dukkha* cannot be *attā*. This gives us a clear indication of the type of *attā* that is being discussed. It is the Upanishadic idea of an *ātman* which is *nitya* and *sukha*, and this is in complete agreement with the fact ... that some of the phraseology of the non-Buddhist view which is being rejected has Upanishadic echoes." (1981:22)

²⁰⁶ See **(Dve) Khandha S** (S 22.48/3:47), SD 17.1. This "totality formula" classification of the aggregates (see prec n) is explained in detail in **Vibhaṅga** and briefly in **Visuddhi,magga**: <u>"internal</u>" = physical sense-organs; <u>"external</u>" = physical sense-objects; <u>"gross</u>" = that which impinges (physical internal and external senses, with touch = earth, wind, fire); <u>"subtle</u>" = that which does not impinge (mind, mind-objects, mind-consciousness, and water); <u>"far</u>" = subtle objects ("difficult to penetrate"); <u>"near</u>" = gross objects ("easy to penetrate") (Vbh 1-13; Vism 14.73/450 f; Abhs 6.7). "Whether or not the details of the Vibhaṅga exposition are accepted as valid for the *nikāyas*, it seems clear that this formula is intended to indicate how each *khandha* is to be seen as a class of states, manifold in nature and displaying a considerable variety and also a certain hierarchy" (Gethin 1986:41). See Gethin 1986:40 f; Karunadasa 1967:38f; Boisvert 1995:43-48. Regarding the terms "internal" (*ajjhatta*) and "external" (*bahiddhā*), it should be noted that they have two applications: (1) the aggregates (*khandhā*) composing a particular "person" are "internal" to them and anything else is "external"; (2) the sense-organs are "internal" and their objects—which may include aspects of the person's own body or mind, which are "internal" in the first sense—are "external." Boisvert (1995: 43, 47), however overlooks these applications.

²⁰⁷ See Anatta, lakkhana S (S 22.59, 12), SD 1.2.

Any kind of feeling whatsoeverwhether past, future or present, internal or external, gross or subtle, inferior or superior, far or nearshould be seen as they really are with right wisdom thus: all *feelings* 'This is not mine, this I am not, this is not my self.' Any kind of **perception** whatsoever whether past, future or present, internal or external, gross or subtle, inferior or superior, far or nearshould be seen as they really are with right wisdom thus: all perceptions 'This is not mine, this I am not, this is not my self.' Any kind of formations whatsoever whether past, future or present, internal or external, gross or subtle, inferior or superior, far or nearall formations should be seen as they really are with right wisdom thus: 'This is not mine, this I am not, this is not my self.' Any kind of consciousness whatsoeverwhether past, future or present, internal or external, gross or subtle, inferior or superior, far or nearall consciousness should be seen as they really are with right wisdom thus: 'This is not mine, this I am not, this is not my self.'

28 Seeing thus, bhikshus, an instructed noble disciple is revulsed²⁰⁸ at form, revulsed at feeling, revulsed at perception, revulsed at formations, revulsed at consciousness.

THE SHORTER NIBBIDĀ CYCLE²⁰⁹

29 Feeling revulsed, lust fades away. ²¹⁰	nibbindaṁ virajjati
Through the fading away of lust, he is freed. ²¹¹	virāgā vimuccati
When he is freed, there comes the knowledge: 'It (the mind) is freed.' ²¹²	vimuttasmiṁ vimuttaṁ

He knows: 'Birth is destroyed, the holy life has been lived, done what is to be done, there is no more of this state of being.'

²⁰⁹ On the *nibbidā* pericope, see SD 20.1 esp (2.2.2).

²⁰⁸ "He is revulsed at" (*nibbindati*). Comy: He is dissatisfied, disgusted, feels revolted towards. This disillusionment marks the culmination of insight, just before the attainment of the supramundane path (MA 2:114; Vism 21.43-44/650 f). "His lust fades away" (*virajjati*) marks the attainment of the supramundane path (*magga*), when the fetters are finally eliminated. "It (the mind) is freed" (*vimuttam*) refers to the attainment of the supramundane fruition (*phala*). The arhat's subsequent reviewing knowledge (*paccavekkhaṇa,ñāṇa*) is shown by the phrase "there comes the knowledge" and "he understands: 'Birth is destroyed …'," in the following paragraph. The choice of translating *nibbindati* as "is revulsed" is deliberate, as it reflects the overwhelming feeling of samvega that characterizes seeing the true nature of suffering: we do not merely feel "disillusioned, disenchanted" (or similar refined words) when we are burnt by fire, pained by loss, or cheated by ignorance—we become simply *revulsed* at them! There is no hint of hate or revulsion in this spiritual response of disgust (*nibbidā*), but one is blissfully equanimous wisdom blissful at the fact that we are no longer victims of craving, ignorance or karma.

²¹⁰ Or, "Feeling revulsed, he is dispassionate." Comy: "Feeling revulsed, lust fades away," here, "lust fades away" (*virāga*) is the path (*magga*) (MA 2:115,19).

²¹¹ Or, "Through dispassion, he is freed." Here, he is freed by the path through dispassion (*ettha virāgena magg-ena vimuccati*, MA 2:115,20).

²¹² This line refers to a statement of "review" (*idha paccavekkhaņa lathitā*, MA 2:115,21).

The arhat²¹³

30 Bhikshus, t	his monk ²¹⁴ is said to be	
	one who has lifted the cross-bar;	ukkhita,paligha
so, too, is he	one who has filled in the moat;	saṅkiṇṇa,parikha
so, too, is he	one who has dug out the pillar;	abbūļhesika
so, too, is he	one who has unbolted the door;	niragga <u>l</u> a
so, too, is he	the noble one whose banner is lowered;	ariya panna,dhaja ²¹⁵
so, too, is he	one who has put down the burden;	panna,bhāra
so, too, is he	unfettered.	visaṁyutta

31 And how, bhikshus, is the monk **one who has lifted the cross-bar**?²¹⁶

Here, bhikshus, the monk has abandoned <u>ignorance</u>, cut it off at the root, made a palm stump of it, done away with it,

so that it is no longer subject to future arising. That is how, bhikshus, the monk is one who has lifted the cross-bar.

32 And how, bhikshus, is the monk one who has filled in the moat?

Here, bhikshus, the monk has abandoned <u>the rounds of birth</u> that bring rebirth, cut it off at the root, so that it is no longer subject to future arising. That is how, bhikshus, the monk is one who has filled in the moat.

33 And how, bhikshus, is the monk one who has dug out the pillar?

Here, bhikshus, the monk abandoned <u>craving</u>, cut it off at the root, made a palm stump of it, done away with it,

so that it is no longer subject to future arising. That is how, bhikshus, the monk is one who has broken the pillar.

34 And how, bhikshus, is the monk one who has unbolted the door?

Here, bhikshus, the monk has abandoned <u>the 5 lower fetters</u>,²¹⁷ cut it off at the root, made a palm stump of it, done away with it,

²¹⁵ Panna,dhaja, "whose banner is lowered," ie, whose fight is over, who is magnanimous in victory: cf **Upāli S** (M 56,29*/1:386), SD 27.1; also **Ceto,vimutti,phala S 1+2** (A 5.71+72/3:84+85).

²¹³ This section reappears as the 2 **Ceto,vimutti Ss** (A 3:84 f = 5.71-72). Comy: "There are two cities: one is a city of brigands, the other a city of peace. Now to a great warrior of the city of peace (ie a meditator), the following thought occurs: 'As long as this city of brigands (the self-delusion) exists, we will never be free from danger.' So he dons his armour (of virtue) and goes to the city of brigands. With his sword (of wisdom), he breaks the gate-pillar (of craving) together with the door-wings (panels), he removes the bolt (of ignorance), fills in the moat (of *sam*-*sāra*), and lowers the (enemy's) flag (of self-conceit). Such a saint (a noble one) has put down for good the burden of the 5 aggregates (*khandha*), of *kamma*-producing volitions (*kammâbhisaṅkhāra*) and of the defilements (*kilesa*), has fully liberated himself from the rounds of existence." (Nyanaponika 1974:46 n35; with minor corrections)

²¹⁴ In **Ceto,vimutti S 1** (A 5.71/3:83 = M 1:139), such a monk is said to be both mind-freed (*ceto,vimutti*; M 1:296-298) and wisdom-freed (*paññā,vimutti*). See **Ākaṅkheyya S** (M 6,19/1:35 f), where Comy says that in the terms "freedom through mind" and "freedom through wisdom," "mind" and "wisdom" respectively signify the concentration and the wisdom associated with the fruit of arhathood. <u>Concentration</u> is called "freedom through mind" (*ceto,vimutti*) because it is the mind freed from lust; <u>wisdom</u> is called "freedom through wisdom" because it is freed from ignorance. The former is normally the result of calm (*samatha*), the latter the result of insight; but when coupled and described as "taintless" (*anāsava*), they jointly result from the destruction of the influxes by the supramundane path of arhathood (MA 1:164, M:ÑB n83).

²¹⁶ Ukkhitta, paligho. See Dh 398 = Sn 622: see Vāsețțha S (M 98,29/2:196), SD 37.1.

²¹⁷ **The 10 fetters** (*dasa samyojana*) are: (1) self-identity view (*sakkāya,diţţhi*), (2) spiritual doubt (*vicikicchā*), (3) clinging to rituals and vows (*sīla-b,bata,parāmāsa*), (4) sensual lust (*kāma,rāga*), (5) repulsion (*pațigha*), (6) greed

so that it is no longer subject to future arising. That is how, bhikshus, the monk is one who has unbolted the door.

35 And how, bhikshus, is the noble one **who has taken down the flag, has put down the burden**,²¹⁸ **is unfettered**?

Here, bhikshus, the monk has abandoned the conceit 'I am',²¹⁹ cut it off at the root, **[140]** made a palm stump of it, done away with it,

so that it is no longer subject to future arising. That is how, bhikshus, the monk is one who has taken down the flag, has put down the burden, unfettered.

36 Bhikshus, when the gods with Indra, with Brahmā, with Pajāpati, seek a monk thus freed in mind,²²⁰ they do not find²²¹ anything of which to say that 'This is the support of the thus-gone one's consciousness'.²²²

Why is that? One thus gone,²²³ I say, is untraceable even here and now.²²⁴

²¹⁸ On the burden and its bearer, see **Bhāra S** (S 22,22/3:25), SD 17.14.

²¹⁹ "'I am' conceit" (*asmi,māna*), "ego-conceit,' may range from the coarsest pride, to self-assertion, to a subtle feeling of one's distinctiveness or superiority that persists, as the 8th fetter, until the attainment of arhathood. (BDict)

²²⁰ "Thus freed in mind," **evam.vimutta,cittam**. Norman: "It is possible that there is something of a word-play in the word *evamvimuttacitta*. We translated *vimutta-citta* as 'one whose mind is released,' but it might also be interpreted as 'one whose consciousness (ie the element leading to rebirth) is released (from *samsāra*),' and who, therefore, cannot be reborn." (1991a:6)

²²¹ Anvesam nâdhigacchanti. This sentence is put into the mouth of Māra, trying to look for the monk Godhika, who at the moment of suicide had attained arhathood. There the Buddha declares that Godhika "has passed utterly away with consciousness no longer established (in rebirth)" (apatițțhena viññānena parinibbuto) (S 1:268).

²²² K R Norman makes a useful note: "It is noteworthy that the Buddha here uses the word tathāgata in connection with a bhikkhu 'whose mind is released in this way' (*evamvimuttacitta*). It is clear that tathāgata is being used here in something much nearer its original literal meaning, and we ought rather to translate [this] passage [within quotes]: 'This is what the consciousness of one who has gone that way [or who has gone to such a state] is dependent upon.' The use of the word in this way would explain why the commentators thought it appropriate to apply it to *attā*, as was mentioned above [Norman 1991a:2]. I would suggest that the specific usage of the word tathāgata to mean 'Buddha' [cf Buddhaghosa's defs of *tathāgata*, DA 59-68; SA 2:287,25-32, 1:66,21-22] arose from this more general usage, just as the word *sugata* which originally must have had the general sense 'one who has fared well,' just as it does in the Sanskrit [SED, sv *sugata*], is also used specifically of the Buddha. It is interesting that when the word tathāgata is used in a question directed to the Buddha, which he refuses to answer, the commentaries still do not take tathāgata in the sense of the Buddha, but explain it as *satta* 'being' [DA 1:118,1; SA 2:201,5, 2:311,1-3, 3: 312,29-30]." (1991a:6). See n above on "thus freed in mind"; also **Cūļa Māluṅkyā,putta S** (M 63), SD 5.8 (3).

²²³ "One thus gone" (*tathāgata*), usually applied to the Buddha, but here applies also to the arhat. Comy gives two alternative explanations: (1) Even while alive the arhat is untraceable as a being or individual (ie as an abiding self) because ultimately there is no "being." (2) The arhat is untraceable here and now because it is impossible for the gods, etc, to find the support for the insight-mind, path-mind or fruition-mind (*vipassanā,citta magga,citta phala,citta*); since the object is nirvana, his mind cannot be known by the worldling. See Nyanaponika 1974:47 n37; K R Norman 1991a esp 5 f.

²²⁴ Dițțhe vâham bhikkhave dhamme tathāgatam ananuvejjo ti vadāmi. See Norman 1991a:253 f.

for form existence (*rūpa*,*rāga*), (7) greed for formless existence (*arūpa*,*rāga*), (8) conceit (*māna*), (9) restlessness (*uddhacca*), (10) ignorance (*avijjā*) (S 5:61; A 5:13; Vbh 377). In some places, no. 4 (*kāma*,*rāga*) is replaced by ill will (*vyāpāda*). The first 5 are <u>the lower fetters</u> (*orambhāgiya*), and the rest, <u>the higher fetters</u> (*uddham*,*bhāgiya*). The abandonment of the lower 5 fetters makes one <u>a non-returner</u> (*opapātika* or *anāgāmī*) (see **Ānāpānasati S**, M 118,10 (SD 7.13). This verse technically refers to the non-returner, but here is spoken of an arhat, one who has broken all 10 fetters: see **Laţukikôpama S** (M 66,17/1:454), SD 28.11.

7

Misrepresenting the Tathāgata

37 Saying thus, bhikshus, teaching thus, I have been baselessly, vainly, falsely and wrongly accused by some recluses and brahmins thus, 'The recluse Gotama is one who leads astray.²²⁵ He teaches the annihilation, the destruction, the extermination of an existing individual.'²²⁶

As this is what I am not, as this is what I do not say, these good recluses and brahmins have baselessly, vainly, falsely and wrongly accused thus, 'The recluse Gotama is one who leads astray. He teaches the annihilation, the destruction, the extermination of an existing individual.'

38 Before,²²⁷ bhikshus, and now, too, I only declare <u>suffering and the ending of suffering</u>.²²⁸

If others abuse, revile, scold and harass the Tathāgata for that,²²⁹ the Tathāgata on that account feels no annoyance, bitterness nor dejection of the heart.

If others honour, respect, revere and venerate the Tathāgata for that, the Tathāgata on that account feels no delight, joy nor elation of the heart.

If others honour, respect, revere and venerate the Tathāgata for that, the Tathāgata on that account thinks thus:

'It is towards this [mind-body of 5 aggregates] $^{\rm 230}$ that was earlier fully comprehended that they perform such acts.' $^{\rm 231}$

39 Therefore, bhikshus, if others abuse, revile, scold and harass you, too, for that, on that account you should feel no annoyance, bitterness nor dejection of the heart.

If others honour, respect, revere and venerate you for that, on that account you should feel no delight, joy nor elation of the heart.

If others honour, respect, revere and venerate you for that, on that account you should think thus:

'It is towards this [mind-body of 5 aggregate] that was earlier fully comprehended that they perform such acts.'

²²⁵ "One who leads astray" (*venayika*), alt "one who leads away," and which Comy glosses as *satta*, *vināsaka*, "destroyer of (the individuality of) a being." (MA 2:118). Here *venayika* is used derogatorily by outsiders against the Buddha; but cf **Upāli S** (M 56,29*/1:386 @ SD 27.1 v3) where it is complimentary, meaning "one who leads away (from badness," ie who disciplines another (*sattānaṁ vinayaka*, MA 3:97)).

²²⁶ This refers to §20 where the eternalist misconstrues the Buddha's teaching on nirvana as the annihilation of an existing being that is the self.

²²⁷ Comy: From the time under the great Bodhi tree (that is, from the time of the great awakening itself). (MA 2:118,11)

²²⁸ Pubbe câhaṁ bhikkhave etarahi ca dukkhañ c'eva paññāpemi dukkhassa ca nirodhaṁ. This important statement, also made to Anurādha (**Anurādha S**, S 22.86/3:119), refers back to §37. Here the Buddha in effect declares that a living being has no self but is a mere aggregate of factors, material and mental events, connected by a process that is inherently *dukkha*, and that nirvana, the ending of *dukkha*, is not the annihilation of being but the termination of that very same *dukkha* process. This statement should be read in conjunction with **Kaccāna,gotta S** (S 12.15/2:17 = 22.90/3:134 f), SD 6.13, where the Buddha says that one with right view, who has discarded all the doctrines of a self, sees that whatever arises is only *dukkha* arising, and whatever ceases is only *dukkha* ceasing. (See M:ÑB 2001: 1211 n267). Cf **Mahā Hatthi,padopama S** (M 28,8/1:185 f), SD 6.16.

²²⁹ "For that," ie, the teaching of the 4 noble truths. (MA 2:118)

²³⁰ Pañca-k,khandha, ie, without the clinging (upādāna) (MA 2:118; see V 1:13 f).

²³¹ Yam kho idam pubbe pariññatam tattha me eva, rūpā kārā karīyanti. In simpler terms, they honour only the Buddha's awakening.

Not yours²³²

40 Therefore, here, bhikshus, let go of [give up] what is not yours.²³³ When you have given it up, it would be for welfare and happiness for a long time.

What is it that is not yours?

Form is not yours.	Give it up [Let it go!].
When you have given it up,	it will be for welfare and happiness for a long time.
Feeling is not yours. [141]	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.
Perception is not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.
Formations are not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.
Consciousness is not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time. ²³⁴

The Jetavana parable²³⁵

41 Bhikshus, what do you think?

If people carried off the grass, sticks, branches and leaves in this Jetavana, or burned them, did what they liked with them, would you think:

'People are carrying us off or burning us or doing what they like with us'?"

"No, bhante."

41.2 "Why not?"

"Because, bhante, that is neither our self nor the property of our self."

"So, too, bhikshus, let go of what is not yours. When you have given it up, it will be for welfare and happiness for a long time.

41.3 What is it that is not yours?

, Form is not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.
Feeling is not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.
Perception is not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.

²³² Na tumhākam. This section [§40] forms a sutta of its own—(Kāya) Na Tumha S (S 12.37/2:64 f). The following 2 sections [§§40-41]—text and parable—form, in practically identical words, 4 suttas of similar names: the 2 (Khandha) Na Tumha Ss (S 22.33+34/3:33 f), but in the 2 (Dhātu) Na Tumha Ss (S 35.101+102/4:81 f) its theme is the 18 elements (6 internal sense-organs, 6 external sense-fields, 6 sense-consciousnesses). In all these 5 suttas, the word *dīgha,rattam* is omitted in the closing stock phrase. The related statement spoken by the Buddha of Moggallāna, "Nothing is worth clinging to" (sabbe dhammā nâlam abhinivesāyā) is found in Pacalā S (A 7.58,11), SD 4.11.

²³³ Tasmā-t-iha bhikkhave yaṁ na tumhākaṁ taṁ pajahatha. Comy: It is the attachment or desire (chanda,rāga) to the 5 aggregates, not the aggregates in themselves, that should be given up: they "cannot be torn apart or pulled out." I have rendered yaṁ as "what" (which has a general sense) rather than as "whatever" which connotes that there are certain things that we do "own," which would go against the teaching of anattā.

²³⁴ Comy: Only an aggregate (form, etc) is the basis for the wrong concept of a self, since apart from them there is nothing else to crave for. (MA 2:119)

²³⁵ On the significance of this delightful parable, see (2).

Formations are not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.
Consciousness is not yours.	Give it up.
When you have given it up,	it will be for welfare and happiness for a long time.

8

The Dharma and its fruit²³⁶

42 Bhikshus, the teaching, well proclaimed by me, is plain, open, clear, ²³⁷ free from patchwork.²³⁸ In *the teaching, well proclaimed by me, plain, open, clear, free from patchwork*, there is no (more) round of existence for those bhikshus who are **arhats** with influxes destroyed, who have lived the holy life, done what is to be done, laid down the burden, reached their own goal,²³⁹ destroyed the fetters of being, and are completely freed through final knowledge.

43 Bhikshus, the teaching, well proclaimed by me, is plain, open, clear, free from patchwork.

In the teaching well proclaimed by me, plain, open, clear, free from patchwork, those monks who, with <u>the destruction of the 5 lower fetters</u>,²⁴⁰ are spontaneously reborn (in the Pure Abodes),²⁴¹ and there attain final nirvana, **without ever returning** from that world.

44 Bhikshus, the teaching, well proclaimed by me, is plain, open, clear, free from patchwork. In the teaching well proclaimed by me, plain, open, clear, free from patchwork, those monks who, with the destruction of the 3 fetters,²⁴² and with the diminishing of lust, hate and delusion, are **oncereturners**, all of them²⁴³ returning only once to this world to make an end of suffering.

45 Bhikshus, the teaching, well proclaimed by me, is plain, open, clear, free from patchwork.

In the teaching well proclaimed by me, plain, open, clear, free from patchwork, those monks who, with <u>the destruction of the 3 fetters</u>, are **streamwinners**, <u>no longer bound for the lower world</u>,²⁴⁴ <u>sure of</u> **[142]** <u>going over to self-awakening</u>.

46 Bhikshus, the teaching well proclaimed by me, is plain, open, clear, free from patchwork.

²³⁹ Sadatthā, may be resolved two ways: (1) sa-d-atthā, "one own goal," (2) sant + atthā, "the sublime goal," "the ideal" (DA 3:86; SA 2:49). Most Comys follow the 2nd interpretation. See Dh:N 169 n166 & Rau 1959. <u>L S Cousins</u>.
 ²⁴⁰ The 10 fetters (*dasa samyojana*). See §34 n.

²⁴¹ Opapātika, that is, reborn in the pure abodes (suddh'āvāsa), the 5 highest heavens of the form world (rūpa,loka) where only non-returners assume their last birth to become arhats and attain nirvana. These worlds are Āviha ("Non-declining"), Ātappa ("Unworried"), Sudassā ("Clearly Visible"), Sudassī ("Clear-visioned") and Akaņiţ-

thā ("Highest") (D 3:237, M 3:103, Vbh 425, Pug 42-46).

 ²³⁶ Here, the descriptions of the 4 saints in §§42-45 are almost identical to those of **Ānāpānasati S** (M 118.9-12).
 ²³⁷ "Plain, open, clear,' uttāno vivaţo pakāsito.

²³⁸ "Free from patchwork,' *chinna,piloțika,* that is, unlike a patched-up piece of cloth. Comy: a cloth patched up with stitches and knots that are similar to hypocrisy and other deceptions. Subcomy: Substituting assumed attitudes and postures for non-existing practice of meditation and insight. Here the analogy—that of a piece of new cloth free of patches or stitches—refers to the inner consistency of the teaching.

²⁴² The (first) 3 fetters: see §43 n.

²⁴³ "All of them," sabbe te, omitted in **Ānāpānasati S** (M 118).

²⁴⁴ Avinīpāta, alt tr "not fated for birth in a suffering state"; opp of vinīpāta, "the world of suffering," another name for the 4 woeful courses (*duggati*) or the 4 lower worlds (*apāya*) (Vism 13.92 f). Sometimes 5 woeful courses (*pañca,gati*) (D 33,2.1/3:234; A 11.68) are mentioned: the hells (*niraya*), the animal kingdom (*tirachāna,yoni*), the ghost realm (*pitti,visaya*), the human world (*manussa*) and the heavenly world (*deva*). Of these, the first three are woeful, with the asura-demons (*asura,kāya*) as the fourth woeful course. The remaining two are "happy courses" (*sugati*).

In the teaching well proclaimed by me, plain, open, clear, free from patchwork are **truth-followers** or **faith-followers**, <u>all bound for awakening</u>.²⁴⁵

47 Bhikshus, the teaching well proclaimed by me, is plain, open, clear, free from patchwork.

In the teaching well proclaimed by me, plain, open, clear, free from patchwork, those who have **just a bit of faith in me,** and **just a bit of love for me**, are <u>all bound for heaven</u>.^{"246}

The Blessed One said this. Satisfied, the monks rejoiced²⁴⁷ in the Blessed One's word.

— evaṁ —

Reading

Brazier, Caroline

1996

2003 *Buddhist Psychology: Liberate your mind, embrace life.* London: Robinson, 2003:271-286 (ch 15). Gombrich, Richard F

How Buddhism Began: The conditioned genesis of the early teachings. Jordan Lectures in Comparative Religion XVII. London & Atlantic Heights, NJ: Athlone, 1996, esp 21-26.

Nyanaponika Thera

1974 *The Discourse on the Snake Simile: Alagaddūpama Sutta* [1962]. Wheel ser 48/49. 2nd ed. Kandy: Buddhist Publication Society, 1974. Accessible at

http://www.accesstoinsight.org/lib/authors/nyanaponika/wheel048.pdf.

050303 rev061227 071209 081223 091231 101228 110620 121106 130628 141122 151213 160825 171114 180714 180910

²⁴⁵ These are 2 classes of individuals on the path of streamwinning. <u>The Dharma-followers</u> or truth-followers (*dhammânussarī*) are disciples in whom the faculty of wisdom (*paññ'indriya*) is predominant and who develop the noble path with wisdom in the lead; their main practice is the contemplation of non-self; when they attain the fruit they are called "right-view attainer" or "vision attainer" (*ditthi-p,patta*). <u>The faith-followers</u> (*saddhā'nussarī*) are disciples in whom the faculty of faith (*saddh'indriya*) is predominant and who develop the noble path with faith in the lead; their main practice is the perception of impermanence; when they attain the fruit they are called "faith-freed" (*saddhā,vimutta*). (M 70,20, 21; Pug 15/1:35-36, Vism 21.75). The elders of old (*porāṇaka therā*) call such spiritually developed person a "lesser streamwinner" (*cūla,sotāpanna*) or "maturing streamwinner" (*bāla,sotāpan-na*) (MA 2:120; cf Vism 605/ 29.27). On the truth-follower and the faith-follower, and the assurance of stream-winning in this life itself, see **(Anicca) Cakkhu S** (S 25.1), SD 16.7.

²⁴⁶ "Those who have mere faith in me and mere love for me," *yesaṁ mayi saddhā,mattaṁ pema,mattaṁ*. This phrase is found in Alagaddûpama S (M 22,47/1:143), **Bhaddāli S** (M 65,27/1:444) and **Kīṭā,giri S** (M 70,21/1:479), SD 12.1. Cf **Sarakāni S**s (S 55.24-25/4:375-380). Comy explains that this refers to the insight practitioners (*vipassa-ka puggalā*) who have not attained any supramundane state, not gaining even streamwinning, they are reborn in heaven. On the other hand, we can take this passage as it is, that is, anyone who has "mere faith, mere love" in the Buddha is, on account of their habitual positive emotion, reborn in heaven, without going against the grain of early Buddhism. See M:ÑB 2001:1212 n274.

²⁴⁷ "Joyfully approved," attamanā abhinandum.